



#### Notice of a public meeting of Health and Adult Social Care Policy and Scrutiny Committee

To: Councillors Doughty (Chair), Cullwick (Vice-Chair),

Derbyshire, S Barnes, Craghill and Richardson

Date: Monday, 30 January 2017

**Time:** 5.30 pm

**Venue:** The George Hudson Board Room - 1st Floor West

Offices (F045)

#### AGENDA

#### 1. **Declarations of Interest** (Pages 1 - 2)

At this point in the meeting, Members are asked to declare:

- any personal interests not included on the Register of Interests
- any prejudicial interests or
- any disclosable pecuniary interests

which they may have in respect of business on this agenda.

#### **2. Minutes** (Pages 3 - 10)

To approve and sign the minutes of the meeting of the Health and Adult Social Care Policy and Scrutiny Committee held on 20 December 2016.

#### 3. Public Participation

At this point in the meeting, members of the public who have registered their wish to speak regarding an item on the agenda or an issue within the Committee's remit can do so. The deadline for registering is **Friday 27 January 2017** at **5:00 pm**.

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## **4. Safeguarding Vulnerable Adults Annual Assurance** (Pages 11 - 80)

This update report outlines arrangements in place to ensure that the council discharges its responsibilities to protect adults with care and support needs from abuse and neglect, whilst maintaining their independence and well-being. It also includes the presentation of the City of York Safeguarding Adults Board Annual Report 2015-2016.

#### **5. Healthy Child Service** (Pages 81 - 94)

The purpose of this report is to provide the Committee with an update on the review of Healthy Child Service (health visiting and school nursing) and inform the committee on the proposed new service.

## 6. Vale of York Clinical Commissioning Group (Pages 95 - 112)

This report introduces a range of Vale of York Clinical Commissioning Group (CCG) issues requested by the Committee, namely the CCG 2017/19 Operational Plan (Annex 2); Delayed Transfers of Care (DTOC); Continuing Health Care (CHC) and the Partnership Commissioning Unit (PCU) (Annex 1).

#### **7. Work Plan** (Pages 113 - 116)

Members are asked to consider the Committee's work plan for the municipal year.

#### 8. Urgent Business

Any other business which the Chair considers urgent under the Local Government Act 1972.

#### **Democracy Officer:**

Name- Judith Betts Telephone – 01904 551078 E-mail- judith.betts@york.gov.uk

For more information about any of the following please contact the Democracy Officer responsible for servicing this meeting

- Registering to speak
- · Business of the meeting
- Any special arrangements
- Copies of reports

Contact details are set out above

This information can be provided in your own language.

我們也用您們的語言提供這個信息 (Cantonese)

এই তথ্য আপনার নিজের ভাষায় দেয়া যেতে পারে। (Bengali)

Ta informacja może być dostarczona w twoim własnym języku. (Polish)

Bu bilgiyi kendi dilinizde almanız mümkündür. (Turkish)

**T** (01904) 551550



#### **Health and Adult Social Care Policy and Scrutiny Committee**

#### Agenda item 1: Declarations of interest.

Please state any amendments you have to your declarations of interest:

Councillor S Barnes Works for Leeds North Clinical Commissioning

Group

Councillor Craghill Member of Health and Wellbeing Board

Councillor Doughty Member of York NHS Foundation Teaching Trust.

Councillor Richardson Niece is a district nurse.

Ongoing treatment at York Pain clinic and ongoing

treatment for knee operation.



#### 42. Declarations of Interest

Members were asked to declare, at this point in the meeting, any personal interests, not included on the Register of Interests, or any prejudicial or disclosable pecuniary interests they may have had in respect of business on the agenda. No additional interests were declared.

#### 43. Minutes

Resolved: That the minutes of the Health and Adult Social Care
Policy and Scrutiny Committee held on 30 November 2016
be signed and then approved by the Chair as a correct
record.

#### 44. Public Participation

It was reported that there had been no registrations to speak under the Council's Public Participation Scheme.

#### 45. Update on the Older Persons' Accommodation Programme

Members received and considered a report which provided them with an update on progress towards delivering the Older Persons' Accommodation Programme (OPAP) (the "Programme") including Programme delivery and risk. The report also reviewed the action being taken to close Willow House older persons' home and the findings of a recent Mazars Value for Money review of the Programme.

Officers were questioned on a number of issues from the report including;

- The rising costs to the Council of external residential care and how this risk would be mitigated.
- Extra Care
- Morale and retention of current staff.

In respect of the rising cost of external residential care it was noted that although this continued to be a relatively high risk element to the programme, Officers had negotiated guide rates for care prices which would help them to effectively buy into the market. In addition, if there were more residential care homes built in the city there would be more choice and better prices due to an increased supply of care.

Officers confirmed that if a couple had moved into older persons' accommodation but a partner had passed away and the other did not meet the criteria for the accommodation they would not be asked to move. Regarding morale and staff retention, Officers reported that current staff undertake training to achieve NVQ2 level. It is felt this will improve their morale and equip them for their next job within the council.

Resolved: (i) That the update on progress to deliver the Older Persons' Accommodation Programme continues to be reviewed.

- (ii)That the positive comments made by the Mazars auditors in relation to Programme progress, management and oversight be noted.
- (iii) That regular updates be requested and presented at future meetings.

Reason: So that Members are kept aware of progress

towards delivery of the Older Persons'

Accommodation Programme.

#### 46. Residential, Nursing & Homecare Services - Quality Standards

Members received a report which detailed the performance of York based Residential, Nursing and Homecare providers against Care Quality Commission (CQC) and the Council's Adult Commissioning Team's Quality Assessment Framework (QAF).

Officers informed Members that two providers had been ranked as inadequate, but that the management for one home had recently changed and that the CQC had an inspection planned. There were a set of issues in residential, nursing and homecare in the city which remained around leadership, management, inconsistent performance and the recruitment of staff.

Members were informed that collaborative commissioning was carried out with Harrogate Clinical Commissioning Group for Infection Prevention and Control, and further information could be sought on what contact the CCG had with residential, nursing and homecare providers in the city.

Resolved: That the performance and standards of provision across the care service in York be noted.

Reason: To update Members on the performance of York based care providers.

#### 47. Be Independent-Contract Monitoring Information

Consideration was given to a report which updated Members on the performance of Be Independent for 2016/17. The report advised them on key performance areas, included within the Council's contract and highlighted areas where increased monitoring was required. It also advised them of areas where there were concerns.

Members supported the need for a revised business plan as people were staying in their own homes for longer. They also felt that greater public awareness was needed of the service offered by Be Independent.

They questioned what aspects of telecare Be Independent offered and also whether falling numbers of users meant that an adjustment to the contract price paid by the Council could be made.

It was noted that services offered by Be Independent included an anti bogus caller service. They also worked with partners to fix elements in houses such as frayed carpets that could lead falls. However, Members were informed that this was currently under review. In regards to the question about the contract between Be Independent and the Council, there was an inbuilt efficiency clause within the contract.

In regards to the concerns over the quality of data and holding a customer survey, it was felt that rather than conducting a survey on service quality, it would best to examine a quality assurance issue of the consistency of how existing records were kept and updated.

Resolved: That future reports include;

- (i) The reasons why alarms are activated.
- (ii) What the assessed outcome for the customer would be if the service was not offered (for example in the last quarter 6.9% of referrals would have likely to have remained in hospital if the service was not available)
- (iii) Further exploration and detail from Be Independent regarding why a customer has left a service.
- Reason: (i) This will help to demonstrate how the service has contributed to a customer's independence.
  - (ii) This would provide greater clarity regarding the benefits of this preventative service.
  - (iii) This would reduce the proportion of reasons classified as "other".

## 48. Consultation on a new Joint Health and Wellbeing Strategy for York

Members received a report which presented with them with the draft of the new Joint Health and Wellbeing Strategy for York 2017-2022.

The Committee were informed of the intention for the strategy to be a slim high level document with clear priorities for the Health and Wellbeing Board laid out inside. Most of the detailed consultation on the strategy would be conducted online. It was noted that a recent public consultation event on the new Joint Health and Wellbeing Strategy had taken place at York CVS. It had been well attended and produced positive feedback.

Discussion took place on Suicide Safer City. It was explained that work had been undertaken over the past year through a task group. It was noted that Suicide Safer City accreditation was World Health Organisation (WHO) conferred. The council was developing a training programme with a quality action framework which used the nine pillars, of the Suicide Safer City, for its mental health provision. It would then submit this to the WHO. Further information from all Members was requested.

In response to a question around deaths due to alcohol, it was noted that there were different strands of work which were ongoing.

This included; an alcohol prevention strategy with Safer York Partnership which would be published in January, and around £2.5m of the Public Health grant, which included as part of its substance misuse budget, alcohol treatment.

Members were informed that to assess levels of alcohol misuse, alcohol related admissions into A&E was used as an indicator. However, this data was unreliable as it depended on how the admission was coded. In order to gain reliable data ongoing work was being undertaken to collate real time health data with the Ambulance Service. It was also felt that greater promotion of the alcohol treatment service amongst GPs was to be encouraged given that within the suicide audit, 62 deaths had revealed very high alcohol levels but these people had not sought help from an alcohol treatment service.

Resolved: That the new Joint Health and Wellbeing Strategy for York 2017-2022 be received and noted.

Reason: To keep Members of the Committee up to date with progress against producing a new Strategy.

#### 49. Healthwatch Six Monthly Performance Update Report

Consideration was given to a report into the performance of Healthwatch over the past six months.

The Manager of Healthwatch York outlined a few highlights from the report and updated Members by saying that;

- That they had been commissioned by NHS Vale of York Clinical Commissioning Group to hold Community Equipment & Wheelchair Services Forum meetings on a monthly basis.
- That York Teaching Hospital NHS Foundation Trust had now reinstated face to face ante and postnatal classes following a Healthwatch report
- Current issues that Healthwatch were investigating were changes to sharps bins, Sustainability and Transformation Plans, changes to cytology provision, changes to surgery provision for smokers and obese patients.
- The consultation on the change to online appointments for Unity Healthcare practice received over 700 responses

It was reported that those patients of Unity Healthcare who were not online could still contact the surgery by telephone and be guided through the form over the phone or have the GP decide an appointment time for them. The opening times for the appointment system would be extended to allow for more people to use it.

Members asked whether Healthwatch had any unannounced visits planned where they would use their enter and review powers and what actions they had recently taken over Sustainability and Transformation Plans (STP).

It was noted that although Healthwatch had the authority to use enter and review powers, providers also had the authority to refuse a visit. As Healthwatch reported to the Care Quality Commission (CQC), if the CQC do not have the resources to conduct a visit they could ask Healthwatch to do so, if it was felt appropriate to do so.

Regarding STP, it was reported that there had been a number of public events about the plan, and a talk at the Voluntary Sector Forum is to be repeated twice as there is still a lack of public knowledge about STP.

The Chair thanked the manager of Healthwatch York for her attendance at the meeting.

Resolved: That the report be received and noted.

Reason: So that Members are kept up to date with the performance

of Healthwatch.

#### 50. Work Plan

Consideration was given to the Committee's work plan for the municipal year 2016-17.

The Scrutiny Officer reported that he had heard nothing from Yorkshire Ambulance Service or the Care Quality Commission in regards to the item for January's committee on the Ambulance Service Inspection.

Discussion took place on a Health Protection Report which was due to be received by the Health and Wellbeing Board. It was suggested that some services, which were commissioned by NHS England and Public Health England, such as immunisation and screening might be worth investigating by Members. Further liaison with NHS England was needed and the Director of Public Health would work with the Scrutiny Officer on a timetable for the report.

Resolved: That the work plan be noted with the following amendments;

- That the report on the Ambulance Service CQC Inspection be deferred to a later date following further information.
- That a report on services commissioned by NHS England and Public Health England be considered and received by the Committee at a future date.

Reason: To ensure that the Committee has a planned programme of work in place.

Councillor P Doughty, Chair [The meeting started at 5.30 pm and finished at 7.40 pm].





## Health & Adult Social Care Policy & Scrutiny 30 January 2017 Committee

Report of the Assistant Director Adult Social Care

#### Safeguarding Vulnerable Adults Annual Assurance

#### **Summary**

- This update report outlines arrangements in place to ensure that City of York Council discharges its responsibilities to protect adults with care and support needs from abuse and neglect, whilst maintaining their independence and well-being. It includes the presentation of the Safeguarding Adults Board Annual Report 2015-2016.
- 2. Members are asked to accept assurance that arrangements for safeguarding adults are satisfactory and effective.
- 3. The Care Act requires that each local authority must:
  - Make enquiries, or cause others to do so, if it believes an adult is experiencing, or is at risk of, abuse or neglect. An enquiry should establish whether any action needs to be taken to prevent or stop abuse or neglect, and if so, by whom
  - Set up a Safeguarding Adults Board
  - Arrange, where appropriate, for an independent advocate to represent and support an adult who is the subject of a safeguarding enquiry or Safeguarding Adult Review (SAR)where the adult has 'substantial difficulty' in being involved in the process and where there is no other suitable person to represent and support them
  - Co-operate with each of its relevant partners in order to protect the adult. In their turn each relevant partner must also co-operate with the local authority.

- 4. Safeguarding duties under the Care Act apply to an adult who:
  - has needs for care and support (whether or not the local authority is meeting any of those needs) and;
  - is experiencing, or at risk of, abuse or neglect; and
  - as a result of those care and support needs is unable to protect themselves from either the risk of, or the experience of abuse or neglect.
- 5. The six key principles contained within the care act which underpin all safeguarding work are:
  - Empowerment "I am asked what I want as the outcomes from the safeguarding process and these directly inform what happens"
  - Prevention "I receive clear and simple information about what abuse is, how to recognise the signs and what I can do to seek help"
  - Proportionality "I am sure that the professionals will work for my best interest, as I see them and will only get involved as much as needed"
  - Protection "I get help and support to report abuse. I get help to take part in the safeguarding process to the extent to which I want and to which I am able"
  - Partnership "I know that staff treat any personal and sensitive information in confidence, only sharing what is helpful and necessary. I am confident that professionals will work together to get the best result for me"
  - Accountability "I understand the role of everyone involved in my life"

#### **Analysis**

#### **Key achievements for York Safeguarding Adults Board.**

- 6. 2015/2016 has been a year of significant change for the partnership. The Safeguarding Adults Board (SAB) has an updated constitution, memorandum of understanding and membership which reflects this. The Board has three sub groups reporting quarterly to the SAB these are Lessons Learned which looks at complex cases which may need learning from and a tracker form has been developed to monitor ongoing issues, Quality & Performance which monitors performance and data from all partners on the SAB and Training & Workforce development. The SAB has developed a strategic plan with a focus on the six safeguarding principles and work plan which sits under this and has also developed a risk register to ensure effective monitoring and mitigating of potential risks.
- 7. Safeguarding Board members have developed a SAR (Safeguarding Adults Review) procedure, which is a legal requirement for a process to be followed in the event of a death of somebody receiving services in which there are/or may have been safeguarding issues and indications that there could have been better multi agency working.
- 8. The SAB has developed an induction pack for all new members of the Board, feedback from member of the Board is that it has been a useful tool.
- 9. The Safeguarding Adults York website is updated and work is ongoing.

#### **CYC and Partner Self-assessment**

- 10. The self-assessment framework for partners has been updated to include further evidence of Making Safeguarding Personal outcomes. All partners are currently completing their assessment for this year which will be collated and reported to the Board.
- 11. Assurance on the ability of members including CYC to safeguard adults was good overall and areas for future work were highlighted. These areas included:
  - Suicide Surveillance
  - Out of Area Placements

#### **CYC Performance**

- 12. Transfer from Safeguarding Adults Return to Safeguarding Adults Collection has been well managed. Where possible our performance is mapped to the previous collection and our comparators within this.
- 13. In the first 6 months of 2016-17 City of York Council received a total of 636 Safeguarding Concerns. This figure is an increase from 584 Safeguarding Concerns in the previous year
- 14. All Concerns raised with City of York Council are scrutinised to see if they meet the Care Act's conditions for a section 42 enquiry, and to consider our duties under the Wellbeing Principle (section 1 of the Care Act) to offer support, advice and information to reduce the risk for the person in question and prevent further harm.

Where the council is unable to resolve the concerns at this stage, further enquiries may take place, either under the auspices of S42 or using 'other' enquiry mechanisms as appropriate.

#### **Actions and Results from Enquiries**

15. Action was taken to reduce or remove the risk in the majority of enquiries (in 18% no action was deemed to have been taken). In 56% of all completed enquiries, the risk was noted to have reduced, and in 18% to have been removed. In only 8% of cases did the risk remain.

This looks to be an improvement in the outcomes for adults with care and support needs on previous years, as in 2014-15 22% of cases resulted in no action being taken and in 67% of cases the risk remained. The number of cases where risk reduced and where risk was removed looks comparable across the collections – at 42% and 29% respectively.

The full narrative on performance is contained within the annual report.

#### **Key Achievements CYC**

- 16. The regional group reviewing policy is meeting regularly and good progress is being made in terms of the multi- agency procedures worked to by all partners in SABs across West and North Yorkshire.
- 17. The local operational guidance has been implemented is available on the website.

- The Safeguarding team has daily meetings with North Yorkshire Police to share concerns/intelligence in order ensure more effective joint responses.
- 19. CYC have continued to develop their use of soft intelligence, with regular structured meetings between health and social care commissioners and regulators, and safeguarding staff. The SAB has agreed to extend the scope of our soft intelligence work to build on pilot work with the police and information from the public through Healthwatch York.

#### Workforce development

- 20. ASC has worked with the CYC Workforce development Unit (WDU) to create a new training offer, based around the care act, the making safeguarding personal approach MSP, and a more flexible approach to enquiries.
- 21. An Impact Assessment tool for use by managers with staff attending training has been developed by WDU. This has been designed to support managers in checking on the transfer of learning from the classroom to their day to day roles. This is still being piloted. If successful, the intention is to roll this out to all safeguarding courses during 2017.

#### **CYC Safeguarding Team**

- 22. A new Head of Service for Safeguarding, Mental Health, Learning Disability & DoLS (Deprivation of Liberty Safeguards), Kyra Ayre, was appointed in September and she will also take on the role of Board Manager.
- 23. The team is being expanded to incorporate four Best Interest Assessors so that the Authority can better manage the demands of DoLS applications.
- 24. The team continues to manage a demanding workload and to further improve ways of working to facilitate this in a very proactive way.

#### **Serious Case Reviews**

25. A meeting was held between children's and adult safeguarding staff to consider any possible learning from a children's serious case review from another area, it was felt that this was a very useful exercise and it is

intended that the new Principal Social Worker for Adults and the Principal Social Worker for children will ensure that regular meeting along these lines will continue.

26. There have been no Serious Case Reviews since the last update in July 2016.

#### **Council Plan**

27. The proposals within this report relate to the Council Plan priority to focus on frontline services, ensuring all residents, particularly the least advantaged, can access reliable services and community facilities

#### **Implications**

#### **Financial**

28. There are no financial implications to this report. Safeguarding activity is undertaken within agreed budgets.

#### Human Resources (HR)

29. There are no HR implications.

#### **Equalities**

 Safeguarding activity is important to all protected communities of interest. The performance report indicates a relatively high number of referrals.

#### Legal

31. There are no legal implications.

#### **Crime and Disorder**

32. All of the issues and actions relating to Safeguarding Vulnerable Adults contribute to the Safer Communities agenda. Specifically Safeguarding has strong links with the Domestic Violence agenda and to Hate Crime.

#### Information Technology (IT)

33. There are no IT issues relating to this report.

#### **Property**

34. There are no property issues relating to this report.

#### **Risk Management**

35. The recommendations within this report do not present any risks which need to be monitored.

#### Recommendations

- (i) The Health and Adult Social Care Policy and Scrutiny Committee note the report and are assured that arrangements for safeguarding adults are satisfactory and effective.
- (ii) The Health and Adult Social Care Policy and Scrutiny Committee receive further updates on a 6 monthly basis.
- (iii) The Health and Adult Social Care Policy and Scrutiny Committee receive an update report following the upcoming Safeguarding Adults Peer Review taking place in January.

Reason: To keep the Committee assured of safeguarding arrangements for Adults within the city.

**Chief Officer Responsible Contact Details:** 

for the Report:

Author:

Michael Melvin Assistant Director, Adults Social Care Michael.melvin@york.gov.uk

01904 554155

Martin Farran, Corporate Director- Health Housing and Adult Social Care

**Report Approved** 

18 January 2017✓

Martin.farran@york.gov.uk 01904 554045

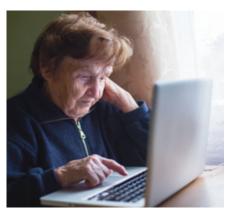
#### Annexes

Annex 1- City of York Safeguarding Adults Board Annual Report 2015-16



## **Safeguarding Adults Board**

# Annual Report 2015/16



















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## Introduction

## by the Chair of the Safeguarding Adults Board (SAB)

I am very pleased to introduce the SAB Annual Report for 2015/16, having first taken up my appointment as Chair on 1 April 2013. As readers may know, the City of York SAB became a full statutory body under the Care Act 2015 on 1 April 2015, so we are just completing our first year with those new responsibilities. There are some 500 pages of statutory guidance on implementation of the Act, though the SAB has only had to concentrate on the fifty pages in Chapter 14. I am as certain as I can be as Chair that all which should be in place is, or is in the process of being finalised. The current Board members are drawn from twelve key organisations operating in the City of York. Three of them are "statutory partners" as required by the Care Act: the City Council, the "NHS" and the Police. The full list can be seen in Annex 2.



Kevin McAleese CBE Independent Chair, City of York Safeguarding Adults Board

One of the requirements of the Care Act is that the SAB Annual Report must contain details of any Safeguarding Adults Reviews (SARs) which have been

conducted when an adult has died as a result of abuse or neglect, whether known or suspected, and there is concern that partner agencies could have worked more effectively to protect them. The findings of any SARs must be included, as must actions taken or intended in relation to those findings. I can confirm that, like 2014/15, there have been no SARs during 2015/16. However, there were two deaths during 2014/15 which were reported on last year in outline, where a lesser level of enquiry known as Lessons Learned had been started, and there are some details of those cases on pages 19-21 of this Report. They do illustrate the challenging nature of safeguarding work and the complexities of supporting individuals in particular circumstances.

The SAB does have a website, and I am delighted to say that it has been totally rewritten to make it more accessible for both members of the public and professional staff. The address remains www.safeguardingadultsyork.org.uk. The website can also be accessed by the safeguarding team to monitor how much usage is made of it via the internet, and we are confident that it will increase over previous years. It also contains minutes of our quarterly meetings, which are not open to public attendance because of the sensitive and confidential nature of much of our work.

I hope that you will be interested, informed and also reassured by the contents of this Report on our work for 2015/16. Thank you for taking the time to read it.

Kevin McAleese CBE Independent Chair, City of York Safeguarding Adults Board

## The Board's Work and its Vision

York Safeguarding Adults Board (SAB) oversees and leads adult safeguarding across the city in order that all agencies contribute effectively to the prevention of abuse or neglect of vulnerable people. It has been in existence since November 2008 and has a strong focus on partnership working. The work of the Board includes the safety of patients in local health services, the quality of local care and support services, and the effectiveness of prisons and approved premises in safeguarding offenders.

Our Vision, stated in our new Strategic Plan (see Section 7 below) is that we aim to ensure that agencies supporting adults who are at risk or in vulnerable situations, and the wider community, can by successfully working together:

- Establish that Safeguarding is Everybody's Business
- Develop a culture that does not tolerate abuse
- Raise awareness about abuse
- Prevent abuse from happening wherever possible
- Where abuse does unfortunately happen, support and safeguard the rights of people who are harmed to:
  - stop the abuse happening
  - access services they need, including advocacy and post-abuse support
  - have improved access to justice
  - have the outcome which is right for them and their circumstances.

# Work Undertaken in 2015/16

## Making Safeguarding Personal (MSP)

A key part of the Care Act is MSP and the establishment of a person-centred approach to safeguarding adults across all agencies. The City of York took part in a national MSP pilot programme which came to an end a year ago. The SAB has begun trying to encourage the development of an MSP approach across all agencies in the city.

This is challenging work, not least because not all vulnerable people have the capacity to decide what is in their best interests and need assistance to do so. The two real case studies below illustrate how this has worked:

### Case Study 1

Annie has a number of physical health conditions. She has historically declined to engage with services including declining medical treatment and it has been unclear why.

Annie came to the attention of the Safeguarding Adults Team as she was being financially exploited by people she knew. Through an MSP approach, Annie was spoken with about this concern and asked how services could support her to stop this harm from continuing.

Annie identified that she would like to move to another property so that the people no longer targeted her; and with steady support from the team, identified that moving closer to family may be of benefit to her wider welfare, as it would mean that family members could support her to attend medical appointments.

Annie agreed to accepting support from an agency who were able to support her with applying for a housing transfer, and this relationship was facilitated by the team. Annie has now moved home, which has removed the risk of financial exploitation, and she continues to attend medical appointments, which has improved both her physical and mental wellbeing.

### Case Study 2

Gerald has significant physical health problems, and is cared for in bed. He recently had a short break at a nursing home, and staff there were concerned about the way his informal carer interacted with him and the potential that he was suffering harm at home. Gerald's carer was known to have declined support on his behalf in the past.

Whilst Gerald was in the nursing home, a member of the safeguarding adults team visited him to discuss the staff's concerns. Gerald has limited communication so aids were used and Gerald was able to identify that he would like the team to speak with his carer, but that he would like to be present. Gerald was also very keen to return home and did not want this conversation to delay this.

As per Gerald's wishes, he was discharged home and on that day the safeguarding workers visited and outlined the concerns that had been raised. They spoke with Gerald and his carer together and separately to ensure that both had the opportunity to raise any individual concerns that they had.

As a result of this initial conversation, the carer allowed the workers to return and although she remained resistant to ongoing support from statutory services, Gerald reports that he is happy that the issue has been discussed and is out in the open.

### Self-assessment

A key part of this year's work was the further development and implementation of a self-assessment framework for partners, to understand the progress their organisations are making in safeguarding adults. All partners completed this assessment and they were collated for the board.

Assurance on the ability of members to safeguard adults was good overall and areas for future work were highlighted. These areas included:

- Community engagement
- Improving delivery to minority groups
- Embedding the Mental Capacity Act
- Information sharing

A further round of self-assessment is being implemented during 2016/17, with each organisation having their own view of themselves validated and assessed by another one, beginning with City of York Council and the Vale of York Clinical Commissioning Group.

### **ADASS Mystery Shopping**

Between October 15 and January 16 the Association of Directors of Adult Social Services (ADASS) in Yorkshire & Humberside conducted a regional "mystery shopping" exercise on behalf all the local authorities across the region focussing on access to services. The method adopted was based on the Care Quality Commission 'access to service' toolkit and a range of scenarios which have been developed through the regional Standards and Performance network. The assessment was conducted by real customers testing how easy it is to access services over the telephone, face to face, and on the internet. The feedback that was then taken from their captured observations and experience.

#### Face to face scenarios were used with City of York staff by calling at West Offices:

- My sister is struggling with washing and taking care of herself but has funds available.
   What help is on offer?
- My brother has a learning disability and I am his main carer. I a struggling to cope: what help can I get?
- Can you tell me who I need to contact to report suspected abuse, as I have concerns about a neighbour and don't know who to contact?

#### Telephone scenarios were used by ringing York City Council:

- My brother has a learning disability and I am his main carer. I a struggling to cope: what help can I get?
- My sister is struggling with washing and taking care of herself but has funds available.
   What help is on offer?
- I am not sure if this is an emergency or not but my Mum/Dad is in residential care and recently their money has been going missing. I am not sure what to do as my Mum says that staff sometimes shout at her and so doesn't want me to say anything.

#### Internet scenarios were asked using the City of York website:

- Is there any support for me as a carer?
- My sister is struggling with washing and taking care of herself but has funds available.
   What help is on offer?
- How do I report a safeguarding concern?
- How do I report suspected abuse?

Each of the scenarios was rated **Excellent** (Lots of useful information, helpful staff, very satisfied with the service received, enquiry dealt with promptly), **Good** (some information given, knowledgeable staff, satisfied with the service given, enquiry deal with in a timely manner), **Fair** (limited information given, fairly satisfied with the service, enquiry deal with in a reasonably timely manner and Unsatisfactory (no information given, poor customer experience, didn't feel valued, unhelpful staff, very dissatisfied with the service).

These are the results for City of York Council, with comparisons back to 2012:

Scenario	2015/16 Rating	2014 Rating	2013 Rating	2012 Rating
Telephone	EXCELLENT	GOOD	GOOD	FAIR
Website	EXCELLENT	GOOD	FAIR	GOOD
Face to Face	GOOD	GOOD	GOOD	FAIR
Reception	GOOD	GOOD	EXCELLENT	UNSATISFACTORY
Out of Hours	EXCELLENT	GOOD	UNSATISFACTORY	GOOD
Safeguarding Access	EXCELLENT	GOOD	GOOD	

The SAB was delighted to see such progress demonstrated over the past four years.

# **Care Act Implementation**

### **Policies and Procedures**

In preparation for the introduction of the Care Act 2014, the City of York SAB developed a constitution, memorandum of understanding and register of interests for its members. These documents give clarity and underpin the important statutory work of the Board. The SAB has also developed local policies for undertaking Safeguarding Adults Reviews (SARs) and Lessons Learned. These policies have helped to ensure that that the SAB has a robust process in place for carrying out a review where an adult with care and support needs has suffered serious neglect or abuse and there is reasonable cause for concern about how the SAB, members of it or other persons with relevant functions worked together to safeguard that adult.

The SAB took the decision in the Summer of 2015 to harmonise the City of York multi-agency policies and procedures for adult safeguarding with those for the whole of West and North Yorkshire, to ensure that different agencies were not using different arrangements in different parts of the same geographical region. That work is now virtually complete and the relevant information is available to staff on the SAB website. Workshops were run in February and March 2016 for community groups, the voluntary sector and independent providers, helping those working with adults at risk in the community to understand their roles and the support they can expect from City of York Council and the SAB.

### Winterbourne Concordat

City of York Council and Vale of York Clinical Commissioning Group have continued to work together to identify vulnerable people from York who are placed out of the city area for whom a move back to the York area may be the best way to enable then to be safe and enjoy the highest quality of life possible. These arrangements are reported to the SAB twice yearly. During 2016/17 the SAB will also begin to receive assurance about vulnerable individuals placed in the City of York from other parts of the country.

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# Performance and activity information

### The Safeguarding Adults Collection 2015-16

The Health and Social Care Information Centre (HSCIC) take national responsibility for compiling an annual Safeguarding Adults Collection (SAC), which records details about safeguarding activity for adults aged 18 and over in England. Each local authority (referred to by HSCIC as Councils with Adult Social Services Responsibilities-CASSRs), has a statutory obligation to contribute towards this Collection, and the data outlined in the Annex and described below represents the significant areas of the City of York's contribution.

The collection includes demographic information about the adults at risk and details of the incidents that have been alleged.

The SAC is an updated version of the Safeguarding Adults Return (SAR) which collected safeguarding data for the 2013-14 and 2014-15 reporting periods. Some of the categories collected have remained the same but there are also some significant differences and these are discussed in the following section. As a result of some of these differences, it is difficult to compare data across the collections in all areas.

## Changes to the Collection between 2014-15 and 2015-16

Between December 2014 and February 2015 the HSCIC ran a public consultation about what changes needed to be made to the safeguarding return as a result of the Care Act. Key changes included changing the name of the Collection (so as not to cause confusion with the newly named Safeguarding Adults Reviews- SARs); removing words such as 'referrals' and 'completed referrals', and replacing these with 'concerns' and 'completed enquiries'; and adding in voluntary collections around 'other enquiries' (enquiries where an adult does not meet all of the section 42 criteria but the council considers it necessary and proportionate to have a safeguarding enquiry).

Certain areas of data collection were ceased, including collecting information about whether individuals were already known to the council, and importantly, collecting information regarding whether or not allegations were substantiated or not.

Certain areas remain the same, including the collections around the location of abuse or neglect, the number of SARs held; and the actions, result, and source of risk categories. The HSCIC are notably working on a different format for collection of the latter 3 areas for next year (2016-17).

Under the 'categories of abuse or neglect' four new categories were added; and two new MSP tables have been added to the SAC for voluntary collection (these are not currently within the scope of this report). NB. The consultation had asked whether it would be useful to collect a table about the type of actions taken and the HSCIC are working with stakeholders to develop this for implementation in 2016-17.

### Concerns and Enquiries during the year April 2015 – March 2016:

#### Concerns

For data collection purposes, a Safeguarding Concern is 'a sign of suspected abuse or neglect that is reported to the council or identified by the council'.

During 2015-16, City of York Council received a total of 1108 Safeguarding Concerns (relating to 863 individuals). This figure is an increase from 1058 alerts in the previous year.

All Concerns raised with City of York Council are scrutinised to see if they meet the Care Act's conditions for a section 42 enquiry, and to consider our duties under the Wellbeing Principle (section 1 of the Care Act) to offer support, advice and information to reduce the risk for the person in question and prevent further harm.

Where the council is unable to resolve the concerns at this stage, further enquiries may take place, either under the auspices of S42 or using 'other' enquiry mechanisms as appropriate.

## Section 42 and 'Other' Enquiries commenced during 2015-16

Of the 1108 Safeguarding Concerns raised with City of York Council in 2015-16, 636 were taken through an initial enquiry process which led to signposting and advice, and 4 'other enquiries'. 468 of these concerns were progressed through initial enquiry to formal S42 Enquiry (for 431 people). Please see table 1 for counts of concerns raised and referrals for further enquiries.

Table 1

Counts of Safeguarding Activity	Count
Total Number of Safeguarding Concerns	1108
Total Number of Section 42 Safeguarding Enquiries	468
Total Number of Other Safeguarding Enquiries	4

Please note this table collects counts of cases not counts of individuals

## **Demographic Information**

Tables 2, 3 and 4 show the demographic breakdown of the Concerns raised with City of York Council – focussing on concerns raised, and enquiries undertaken, according to age, gender and ethnicity.

The figures in Table 2 initially indicate a higher proportion of Concerns raised and enquiries undertaken for individuals within the working age bracket (18-64yrs- 39% of all Enquiries undertaken). However, given that this spans a duration of 46yrs, if the remaining age brackets are combined to create a 65yrs+ category for parity, then in fact this would account for 61% of the concerns raised.

Table 2

Counts of Individuals by Age Band	18-64	65-74	75-84	85-94	95+	Not Known
Individuals Involved In Safeguarding Concerns	334	99	195	207	23	5
Individuals Involved In Section 42 Safeguarding Enquiries	170	53	101	94	9	4
Individuals Involved In Other Safeguarding Enquiries	2	0	0	1	1	0

The figures in Table 3 show a higher proportion of Concerns being raised around the possible abuse or neglect of women with care and support needs (60% of total concerns raised), which is reflective of the national picture within the Safeguarding Adults Return in 2014-15 (source: http://www.hscic.gov.uk/catalogue/PUB18869/sar-1415-rep.pdf). The progression from Concern to Enquiry does not appear to be affected by gender.

Table 3

Counts of Individuals by Gender	Male	Female	Not Known
Individuals Involved In Safeguarding Concerns	340	523	0
Individuals Involved In Section 42 Safeguarding Enquiries	172	259	0
Individuals Involved In Other Safeguarding Enquiries	1	3	0

The figures in Table 4 show that 96% of the Safeguarding Concerns raised with City of York Council related to people of White ethnic origin. This is reflective of the City's overall demographic - the main ethnicities recorded in the 2011 Census were White British (90.2%) and Chinese (1.2%).

Table 4

Counts of Individuals by Ethnicity	White	Mixed/Multiple	Asian/Asian British	Black/African/ Caribbean/Black British	Other Ethnic Group	Refused	Undeclared/Not Known
Individuals Involved In Safeguarding Concerns	829	3	7	5	2	2	15
Individuals Involved In Section 42 Safeguarding Enquiries	414	0	3	4	2	1	7
Individuals Involved In Other Safeguarding Enquiries	2	0	1	0	0	0	1

## Section 42 and 'Other' Enquiries completed during 2015-16

There were 391 S42 enquiries completed during 2015-16.

Type, Source and Location of Risk

Table 5 shows the type of risk cross tabulated with the Source, and Table 6 the Location where the potential harm has taken, or is taking place (again cross tabulated with the Source of risk).

NB. Because some people are at risk from multiple types of abuse in multiple locations, the figures in these tables total more than the 391 completed enquiries, as all types and location of risk are recorded.

Table 5

	Concluded	d Section 42	Enquiries	Other Concluded Enquiries			
Country of Francision by Transport	SC	OURCE OF RIS	SK	SOURCE OF RISK			
Counts of Enquiries by Type and Source of Risk	Social Care Support	Other - Known to Individual	Other - Unknown to Individual	Social Care Support	Other - Known to Individual	Other - Unknown to Individual	
Physical Abuse	35	66	2	1	0	0	
Sexual Abuse	5	9	2	0	1	0	
Psychological Abuse	39	79	6	0	0	0	
Financial or Material Abuse	18	68	8	0	0	0	
Discriminatory Abuse	2	1	2	0	0	0	
Organisational Abuse	23	4	1	0	0	0	
Neglect and Acts of Omission	135	27	11	2	0	0	
Domestic Abuse	0	4	0	0	0	0	
Sexual Exploitation	0	0	0	0	0	0	
Modern Slavery	0	0	0	0	0	0	
Self-Neglect		4			0		

## Type of Risk

Table 5 shows that neglect accounted for 31% of the concerns raised (78% of which was allegedly carried out by 'social care support'), followed by psychological abuse (23%) and physical abuse (19%). Financial or material abuse accounted for 17% of the concerns raised. This trend has been consistent in all quarterly reports to the Safeguarding Adults Board, and is reflective of the national picture outlined in the 2014-15 SAR.

### Source and Location of Risk

The data in tables 6 and 7 indicates that the source of risk, has most frequently been people known to the adult with care and support needs (as per last year) and this has most frequently been located within their own home.

The number of concerns raised within residential and nursing care homes has increased from previous years by 46% (133 this year compared with 91 in 2014-15), but again the trends locally do appear to reflect national figures (i.e., location of own home accounts for 41% of total local concerns and 43% nationally in the 2014-15 SAR; location of care home accounts for 33% locally and 36% nationally in the 2014-15 SAR).

Notably, concerns located within hospital settings has increased locally by 50% compared to last year (41 concerns in the 2014-15 SAR, 66 concerns this year), where concerns located within community settings has decreased by 46% this year (13 in 2015-16 compared with 24 in 2014-15).

Table 6

	Concluded Section 42 Enquiries			Other Concluded Enquiries			
6 . (5 .: 1	SC	OURCE OF RIS	SK	SOURCE OF RISK			
Counts of Enquiries by Location and Source of Risk	Social Care Support	Other - Known to Individual	Other - Unknown to Individual	Social Care Support	Other - Known to Individual	Other - Unknown to Individual	
Own Home	45	112	11	0	0	0	
Community Service	5	5	3	0	0	0	
Care Home	102	28	2	1	0	0	
Hospital	37	15	11	2	1	0	
Other	2	21	4	0	0	0	

## **Actions and Results from Enquiries**

Table 7 show the outcomes reached for safeguarding enquiries concluded within 2015-2016. The total numbers in these tables include Enquiries that were completed by 31st March 2016.

Action was taken to reduce or remove the risk in the majority of cases (in 8% no action was deemed to have been taken). In 59% of all completed enquiries, the risk was noted to have reduced, and in 29% to have been removed. In only 4% of cases did the risk remain.

This looks to be an improvement in the outcomes for adults with care and support needs on previous years, as in 2014-15 22% of cases resulted in no action being taken and in 67% of cases the risk remained. The number of cases where risk reduced and where risk was removed looks comparable across the collections – at 42% and 29% respectively.

Table 7

	Concluded Section 42 Enquiries			Other Concluded Enquiries			
Counts of Enquiries by Action,	SOURCE OF RISK			SOURCE OF RISK			
Result and Source of Risk	Social Care Support	Other - Known to Individual	Other - Unknown to Individual	Social Care Support	Other - Known to Individual	Other - Unknown to Individual	
No Action Taken	7	22	4	0	0	0	
Action taken and risk remains	3	12	1	0	0	0	
Action taken and risk reduced	118	98	17	0	0	0	
Action taken and risk removed	61	43	5	3	1	0	

# **Training**

## **Introduction**

The Workforce Development Unit (WDU) is responsible for ensuring that Safeguarding and Mental Capacity Act training is available at all levels for the workforce.

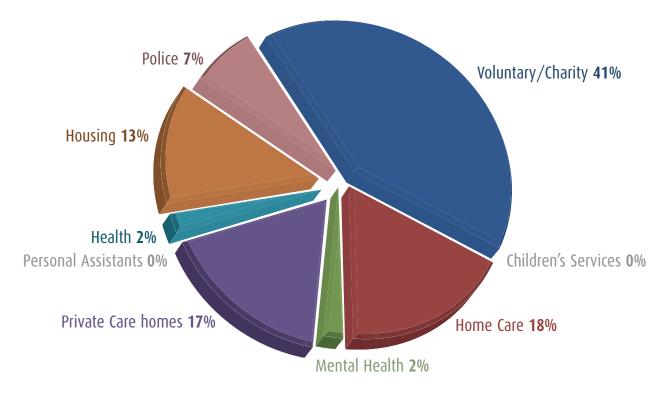
## The Training Offer 2015/16

During 2015/16 our Safeguarding and Mental Capacity Act training was provided by Community Links.

Below shows a breakdown of courses that took place over 2015/16

Course	Number of Ses- sions	Total Cost	Total attendees	CYC attendees	PVI attendees	No Shows	% of internal CYC delegates	% of external PVI delegates
Safeguarding L1	14	£4,200	155	34	121	34	22%	78%
Safeguarding Level 2	6	£3,420	63	14	49	19	22%	78%
Safeguarding Level 3	2	£1,140	18	12	7	3	67%	33%
Safeguarding Level 4	1	£570	3	1	2	0	33%	67%
Safeguarding Train the Trainer	3	£1,950	22	2	20	1	9%	91%
MCA L1	8	£2,400	100	59	41	10	59%	41%
MCA L2	3	£1,710	20	16	4	1	80%	20%
MCA L3	2	£1,140	16	4	12	6	25%	75%
MCA L4	1	£570	7	6	1	0	86%	14%
MCA Train the Trainer	1	£650	13	1	12	0	8%	92%
Total	41	£17,750	417	149	269	74	35%	65%

Breakdown of external delegates by area:



## **Charging Policy**

In April 2015 the pricing structure below was implemented, with the exception of Safeguarding Level 1 and Mental Capacity Act Level 1 which remain free of charge.

Full Day £40.00

Half Day £20.00

A non-attendance charge of £50.00 remained in place for all courses.

## **Developments**

- The WDU continue to receive positive feedback from our course evaluation forms for all courses. This is monitored on a regular basis to highlight any areas for concern.
- An Impact Assessment tool for use by managers with staff attending training has been developed by WDU. This has been designed to support managers in checking on the transfer of learning from the classroom to their day to day roles. This is due to piloted on a small number of courses during May/ June 2016. If successful, we hope to roll out to all safeguarding courses during 2016/17 and would ask for the Board's support in ensuring its implementation within their own organisations.
- Following discussions with the commissioning team and feedback from providers, WDU have revised their charging policy for 2016/17. A range of courses including safeguarding and mental capacity act will be offered at no charge from April 2016 to March 2017. A non-attendance charge remains in place for all courses.
- A skills analysis of Board members was conducted in summer 2015. The responses to the needs
  analysis were varied and demonstrated the breadth of experience of members on the Board. In
  response two development sessions were held.
- The safeguarding training offer is currently being reviewed for 2016/17. The current levels 1-4 will no longer form part of the offer and a new range of courses is being developed based on making safeguarding personal principles, in conjunction with feedback from providers.

# **Strategic Plans**

The Board agreed a Draft Strategic Plan for 2014-17 at the December 2013 meeting. Meeting of the SAB. This was completed ready for agreement at the March meeting in 2014, and placed on the Safeguarding website. The themes for action were agreed as:

- A. Make sure safeguarding is embedded in corporate and service strategies across all partners
- B. Ensure good partnership working
- C. Focus on prevention of abuse
- D. Respond to people based on the Personalisation approach, and with a clear focus on outcomes

Annex 4 shows the progress which has been made against each of the themes up to March 2016

Under the Care Act 2014 it is a legal requirement for the SAB to have a Strategic Plan and to produce an annual summary of its progress. A new Strategic Plan for 2016/19 in a very accessible format has been agreed by the SAB and is already on the website under "Board". It follows the six guiding principles of the Care Act:

- 1. EMPOWERMENT
- 2. PREVENTION
- 3. PROPORTIONALITY
- 4. PROTECTION
- 5. PARTNERSHIP
- 6. ACCOUNTABILITY

The new Strategic Plan for 2016/19 has an Action Plan for 2016/17 which will be reported on in the next Annual Report.

# Safeguarding Adults Reviews/ Lessons Learned

There were no Safeguarding Adults Reviews needing to be conducted during 2015/16.

However, during 2014/15 the Board received two Lessons Learned briefing papers concerning the deaths by suicide of two individuals in York who had been in receipt of services from statutory bodies and other organisations. As Chair of the Board I had decided, as I am required to do, that the facts of neither case warranted the establishment of extended Serious Case Reviews (or Safeguarding Adults Reviews as they are known under the Care Act 2014). However, both contained issues which needed to be clarified so that the Board gained assurance both about what had been done to support the individuals concerned and also that the likelihood of any repetition had been minimised. As a result, the Lessons Learned procedure was activated in each case. Because of the timing of the two briefing papers the enquiries and actions they generated were reported to the Board during 2015/16 and so are featured in this Annual Report.

#### **Aileen** (previously 'Tracy', renamed)

The Learning Lessons review into the death of Aileen was signed off by partners at the City of York Safeguarding Adults Board meeting in December 2015. The death of Aileen and proposed review of the care she received in York services were described in the 2014/15 Annual Report. The following is a summary of the completed review and subsequent learning from it:

Aileen was born in 1978 and had a long history of mental health issues and substance misuse. She was suspected as being a victim of domestic abuse and sexual exploitation. Aileen repeatedly reported to services feeling hopeless and trapped in a cycle of relationship difficulties. She was noted as using self-harm from an early age to control her feelings and emotions. Aileen appeared to engage with services when in crisis but then disengage when the immediate crisis passed. During the time preceding the incident Aileen was not under the care of mental health services in York. She had moved repeatedly between York and London in the months before her death.

In December 2013 Aileen was taken to the Emergency Department at York hospital by ambulance following a self-harm incident. She had injuries to her arms, legs and neck. Aileen was under the influence of alcohol and possibly other substances. Following clinical review Aileen received care overnight on the High Dependency Unit and then was transferred the following day to a short stay acute ward. Approximately two hours following transfer Aileen was found unresponsive following a further significant episode of self-harm in an area away from the view of staff. Attempts made to resuscitate Aileen were unsuccessful and her death was confirmed a short time later.

The review highlights where the partners of the Safeguarding Adults Board could have worked better together to safeguard Aileen, with a focus on three main areas:

- The patient pathway between the Emergency Department; the Acute Ward Services and Mental Health Services
- The broader health context
- The window of opportunity and potential missed opportunities between Aileen's admission and subsequent death

The findings relate to systems failures rather than the actions of any individuals. Key Learning and Actions taken following the findings of the review were:

- 1) Focused work on the development of a multi-agency Mental Health Crisis Concordat in York, involving mental health services, acute hospital services, ambulance services, police services and the local authority.
- 2) Opening of a Section 136 'place of safety' suite where individuals in mental health crisis can be safely assessed and cared for.
- 3) Development of a 24 hour Mental Health Intervention Team based in the acute hospital so individuals attending the Emergency Department with mental health issues receive assessment, support and appropriate referral in a timely way.
- 4) Mental Health first aid training for key identified hospital staff to support them in managing people with mental health problems in acute medical settings.
- 5) Commitment to a Multi-Agency Safeguarding Adults Information Sharing Agreement to facilitate appropriate sharing of information to protect individuals at risk who are unable to protect themselves.

The City of York Safeguarding Adults Board wishes to extend their sincere condolences to Aileen's family and friends.

#### Daniel

The Learning Lessons review into the death of Daniel was signed off by partners at the City of York Safeguarding Adults Board meeting in June 2015. The death of Daniel and proposed review of the care he received in York services was described in the 2014/15 Annual Report. The following is a summary of the completed review and subsequent learning from it:

In November 2014 Daniel was seen walking unsteadily along an elevated platform in the centre of York. He was seen to climb over railings and fall approximately 40 feet to the ground. Daniel was taken to York District Hospital but his injuries were such that he could not be resuscitated and his death was confirmed a short time later. A note expressing his intention to take his own life was found in his pocket.

Daniel had been referred to Adult Safeguarding in the months prior to his death by a Housing Support Worker with a concern related to possible financial abuse. Daniel had been interviewed under caution and released on police bail following the death of a male at his address from a suspected drug overdose. Daniel was known to mental health services and mostly he engaged well with support services. He had a job at a local college and was receiving counselling support there. Daniel was frequently open about suicidal thoughts and plans. In the period leading up to his death Daniel had made several suicide attempts where he was found to be carrying a suicide note and he had received a number of welfare checks.

The review sought to ascertain if services could have worked better together to safeguard Daniel.

Key findings from the review:

- In general all involved services engaged well with Daniel, they shared their level of concern equally and exchanged information appropriately.
- The management and human resources team at the college deserve particular mention for going the extra mile in trying to keep Daniel safe and well.
- Daniel's suicidal ideas were regularly addressed by his Community Psychiatric Nurse (CPN) and these concerns fed into the safeguarding process.
- It was less clear to identify a proportionate response to the potential escalation of risk as a result of the death at his accommodation and the subsequent police investigation.
- There were however found to be no obvious omissions in Daniel's care: it appears that mental health services and the police worked effectively together to do what was reasonably possible to try to keep Daniel safe.

In order for North Yorkshire and York services to gain a better understanding of suicide and responses to it, a senior suicide prevention co-ordinator has been recruited to undertake a review of all deaths from suicide during the past five years. The York Safeguarding Adult Board will receive the report for York when it is completed and will continue to work with partners to address any themes or issues arising from it, in particular in relation to adults with care and support needs.

The City of York Safeguarding Adults Board wishes to extend their sincere condolences to Daniel's family and friends.

# New Strategic Plan for 2016 onwards

Under the Care Act 2014 it is a legal requirement for the SAB to have a Strategic Plan and to produce an annual summary of its progress. The SAB was clear during 2015/16 that a new method needs to be employed to ensure that its new Plan was based on the views of local residents and staff. As a result the SAB commissioned York Healthwatch to develop an engagement strategy with the local community in York, which fed directly into the new Strategic Plan to be in place by April 2016.

The Strategic Plan for 2016/19 in a very accessible format has now been agreed by the SAB and is already on the website under "Board". It follows the six quiding principles of the Care Act:

## **Empowerment**

People being supported and encouraged to make their own decisions and informed consent.

#### **Prevention**

It is better to take action before harm occurs.

## **Proportionality**

The least intrusive response appropriate to the risk presented.

#### **Protection**

Support and representation for those in greatest need.

## **Partnership**

Local solutions through services working with their communities. Communities have a part to play in preventing, detecting and reporting neglect and abuse.

## **Accountability**

Accountability and transparency in delivering safeguarding

The new Strategic Plan for 2016/19 has an Action Plan for 2016/17 which will be reported on in the next Annual Report.

## Annex 1:

## Contributions from individual member organisations:



## Garrow House Yearly Safeguarding Report (2015/2016)

#### Training:

All staff employed at Garrow House, clinical or otherwise, undertake e-learning on safeguarding upon induction, which is provided from head office via the Turning Point e-learning resources, which is then refreshed each year. This training is focused upon recognizing the signs of abuse, the law, human rights issues, and similar 'awareness' issues. At the time of writing all staff at Garrow House have undertaken this training within the last year.

Further to the e-learning, all staff at Garrow House, clinical or otherwise, undertake face-to-face internal training using materials provided from head office that is facilitated either by the unit's safeguarding lead, or by members of Turning Point's 'risk and assurance' team. This training builds upon the e-learning training, re-capping the 'awareness' issues already touched upon, and adding a focus on the mechanics of the safeguarding policy, namely alerts and referrals. This training takes place as part of the induction process, and is then refreshed yearly. At the time of writing all but two (27 out of 29) staff have completed this training within the last year.

Regarding the external training on safeguarding provided by City of York council's Workforce Development Unit: Garrow House's operations manager and safeguarding lead do up to level 4, and the senior nurses doing on call duties up to level 2.

## **Safeguarding Concerns and Completed Enquiries:**

the unit raised internally seven concerns in total in the year April 2015 - April 28th 2016.

Five of these pertained to allegations/concerns of sexual assault by third parties unknown to the service while patients were on leave, AWOL, or historical allegations.

Garrow House continues to experience a relatively low number of concerns this year. Generally we have about eight or nine a year, and most of these often pertain to historical claims of abuse from long before their stay at Garrow. This continues to broadly be the case.

#### Achievements/developments relating to safeguarding:

Regarding making safeguarding personal, patients are always asked their views before referrals are made. These are respected unless issues around capacity, coercion or overriding public interest are present. Training and policy has been adapted to reflect this.

The safeguarding lead produced a safeguarding file in the staff office for staff when they are on nights or weekend and no management are physically around (we have on call managers at all times however!). It contains flow charts regarding the need for putting in a concern; how to put in concerns; what to do in an emergency; how to document concerns etc. This was in response to staff saying that they wanted some more guidance re the process to enhance their confidence in safeguarding situations, in addition to the posters we have up and the policy document itself The flow charts were adapted and lifted from the local multi-agency policy to ensure quality and compliance.



## **Independent Care Group (ICG)**

ICG is the representative body for independent care providers (care homes, homecare and supported living services) in York and North Yorkshire.

ICG keeps its members informed on all matters connected to Safeguarding including Safeguarding training and Mental Capacity Act which is offered at no charge from CYC. This includes that changes to Safeguarding Adults brought in by the Care Act. ICG keeps members informed of DBS news.

ICG gives information on Safeguarding training and how to access it on its website.



## **Leeds and York Partnerships NHS Foundation Trust**

The LYPFT have a high compliance rate for mandatory safeguarding training, the LYPFT provides mandatory training in three levels with the first being online, the second 2 hour face to face and a full day level three for senior clinicians. A number of senior clinicians from York forensic services have now completed this training. The York Forensic service have on site level two training which is aimed at where possible full team training to support the development of whole team approach to safeguarding.

The Safeguarding team attend all Health Action Group development sessions and have individual training priorities such as PREVENT health wrap training, Modern Slavery, DV and FGM.

A training plan has been developed and will be implemented for 2015/16, this builds on a rate of 80% uptake of safeguarding training with an aim of attempting to raise this compliance to 85-90% where possible.

We have safer recruitment in our 2015 audit plan to give more insight into staff awareness and compliance with safer recruitment.

The Safeguarding team contribute to all HR disciplinary enquiries and have provided a number of safeguarding reports for panel.

#### **Training Evaluation**

Questions are rated on a scale of 1 to 5. York Training – Nov 14 to March 15

Overall rating are as follows:

5 = 79.5%

4 = 17.7%

3 = 2.8%

2 = 0%

1 = 0%

The evaluation was based on a number of measures from suitability of venue to content The evaluation process was begun in November 2014.

The LYPFT strategy for 2015-16 has been to embed Safeguarding within practice across the Trust. The actions listed have gone some way to continue to raise the profile of Safeguarding across all LYPFT sites and empower staff to recognize and respond to risk where it occurs.

The LYPFT have successfully worked through a transition to transfer care provision in the York region to TEWV. This was complete on the 01/09/15. The aim was to transfer all care whist ensuring no patient care was affected or any patients harmed. A LYPFT Safeguarding advisor was allocated for this period to ensure all cases remaining open were handed over on completion to ASC safeguarding.

As part of this process the remaining LYPFT services within York have been offered an enhanced safeguarding package. To avoid any issues that may arise from providing services some distance from the mainstream, and to acknowledge the complexities that can arise within inpatient forensic services (provided in York); a package of safeguarding support has been offered to the unit in York. This includes attending MDT meetings, offering individual and team supervision and providing Safeguarding training on site at agreed regular intervals.

An external audit of Care Act 2014 compliance was completed in early 2016. This was carried out by the West Yorkshire Audit Consortium.

The audit found that the LYPFT Safeguarding team provided 'Significant' evidence that it was compliant with the Care Act and had successfully put in place changes to policy and practice to meet the demands of the new legislations.

An audit of PREVENT referrals has been completed and is awaiting a draft report.

Work was carried out to introduce a number of new work streams into the Safeguarding training packs. The team has had training in modern slavery, FGM and Think Family.

The Domestic Violence agenda is now well embedded within the Safeguarding team; the LYPFT clinical recording system has been updated to include the DASH DV risk assessment form. This now enables LYPFT staff to make risk assessments and direct referrals within the clinical record with the aim of embedding good practice around DV and mental health.

The LYPFT team are in the process of developing a Domestic Violence training pack to be offered across the Trust.

In 2015 the Safeguarding team was allocated a designated section in the electronic recording system (PARIS), this is a step forward in embedding safeguarding advice within the patient record. It is hoped this will develop and enable a strong auditing trail for safeguarding advice and risk. The aims to support staff with accessing safeguarding advice out of hours where advice and plans are in place.

The LYPFT Safeguarding Adult training plan has been updated and amended. Safeguarding Adult training was defined into three levels with a level 3 being introduced. This is aimed at senior clinical staff who have responsibility for supervising and leading staff. The long term aim is to have all clinical staff at NHS band 7 to be level three compliant, in the short term to have one or two senior clinicians to take on the role of safeguarding Adult link for their clinical area.



## **York Teaching Hospital**

#### Safeguarding Training undertaken

Training is fully embedded in Trust induction sessions and in the Trust statutory and mandatory training programmes at Level 1 and 2. This is a bespoke complete Safeguarding Adults, Mental Capacity Act and Deprivations of Liberty Safeguards package. Key individuals in high risk areas receive Level 2 training (how to respond to a safeguarding concern) and the Trust has a training plan for the delivery of Level 1 and further Level 2 training on a 3 year rolling programme.

The Safeguarding Adults Team are all trained to Level 3 (conducting multi agency investigations), and Level 4 (chairing multi agency case conferences) having accessed external training to achieve the necessary competencies.

As there were concerns regarding Level 1 & 2 uptake figures in 2014-15, significant changes have been made to delivery in 2015:

- To ensure increased accessibility the Level 2 training, previous a full day, was transferred to an e-learning package to good effect from April 2015.
- A bespoke Prevent e-learning training package was also developed and became part of the Statutory Mandatory Programme from October 2015.

The introduction of the Trust Learning Hub has also increased compliance of Statutory and Mandatory training uptake.

To further support staff, the staff intranet site now includes Safeguarding Adults resource pages which includes the Trust policy, guidance and paperwork necessary to safeguard a patient whether that is related to general Safeguarding, Mental Capacity or Deprivation of Liberty concerns.

### Safeguarding Adults Training Figures 2015/2016

Level 1: 78% Level 2: 81% Prevent: 60%

#### **Accessed externally**

Level 3: 0 Level 4: 0

See above – all Safeguarding Adults Team staff are currently up-to-date with this level of training, thus there was no requirement to attend such training in 2015-16

#### Safeguarding Adult Referral/alerts analysis

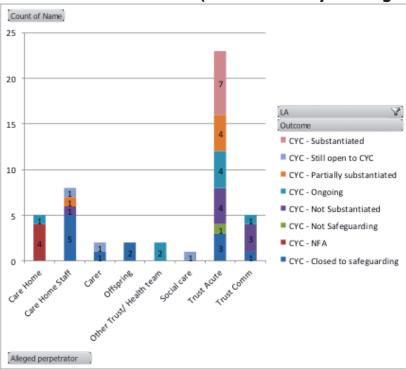
There were 87 Safeguarding Adults alerts received through the Trust Safeguarding Adults Team in 2015/16. This figure relates to all alerts referred through the Safeguarding Adults Team raised either against or by the Trust.

These alerts are either investigated by the Local Authority, or in cases where the concern regard care delivered by the Trust these alerts are investigated by the Trust Safeguarding Adults Team.

Of the 87, 48 were where City of York Council (CYC) was the lead Local Authority.

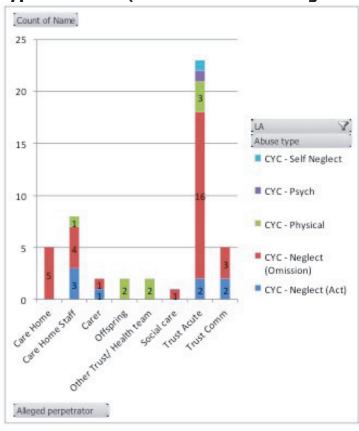
The following data relates only to alerts involving CYC Safeguarding Adults Team. Data is available for other local authorities the Trust serves.

### Outcomes for all alerts (both raised by and against the Trust)

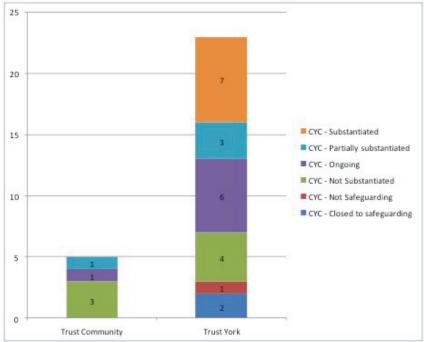


Where the outcome is shown as not known, this is as a result of the Trust raising an alert against another source and there has been no update received from the LA. The Trust Safeguarding Adults team are liaising with CYC for updates.

## Type of abuse (all concerns raised against or by the Trust)



#### Outcome for Alerts raised against the Trust analysis (for CYC only)



# Any achievements/developments relating to Safeguarding during the year Activity within the Safeguarding Adults team continues to be at a high level of demand & complexity.

Under the Care Act (2015) there is a specified approach for the contribution the Trust is required to make in safeguarding adult concerns.

The work of the team has intensified due to fulfilling the scope of enquiries directed by the local authority. There is much more involvement with the patient and/or their representative to focus on their desired outcomes of any investigation and their views. All enquiries begin and end with consultation with the patient and/or their representative. There are also strict time scales enforced to the process which increases pressure on the Team.

The Safeguarding Adults Agenda profile has greatly risen and as a result, so has assurance expectations required from health providers.

Cheshire West ruling continues to dominate, with an ever-changing landscape to enable providers to manage the legislation. The Safeguarding Adults Team represents the Trust at relevant local forums to be in a position to provide regular up-dates of progression/developments.

The implementation of Prevent has been a large project and not without its challenges. However with training and guidance in place, the risk of non-compliance has been reduced to such an extent that it has been removed from the Trust Risk Register.

Trust policies and procedures include the following:

- Safeguarding Adults Policy and Procedures (based on Multi- Agency Policy and Procedures). This has been amended in light of the Care Act 2015.
- Therapeutic Restrictions Guidance
- Mental Capacity Act (NEEDS DATE) Guidance
- Deprivation of Liberty Safeguards (DoLS) Guidance
- Learning Disability Liaison Service Specification
- Prevent Policy

### **Learning from Safeguarding Adults Investigations**

Learning from Safeguarding Adults Investigations have led to the following Trust initiatives:

- Task and Finish group to develop policies, training and risk management tools to support staff care for patients with Mental ill-health.
- Close liaison, training and policy development with the Head of Security in respect of vulnerable adults requiring the support of security
- Matron involvement in delivering actions arising from Safeguarding Adults Investigations.
- Review of Exclusion Policy
- Discharge Improvement Working Group
- Improved pre-operative body marking systems

#### Training

Significantly improved Safeguarding Adults mandatory Training uptake and compliance has been a major achievement in 2015. Concerning statistics in 2-014-15 meant that a fresh approach to delivery was required. As a result, previous face-to-face training was substituted by e-learning, and compliance was also increased by the introduction of the Trust Learning Hub, which facilitates all Trust staff, in a user friendly intranet site, to ascertain what training is available to them & whether they are currently compliant with their mandatory training requirements.

NHS England have recently published "Safeguarding Adults: Roles and Competences For Health Care Staff, Intercollegiate document" (2016) and as a result the current Trust training delivery is being reviewed to ensure all aspects of the competences are addressed at appropriate levels.

Nicola Cowley - Lead Nurse for Safeguarding Adults April 2016



## NHS England Yorkshire & the Humber

Contribution to Local Safeguarding Adult and Children Boards Annual Report 2014-15

#### The overall responsibilities of NHS England in relation to safeguarding

NHS England was established on 1 April 2013 and has an assurance role for local health systems and directly commissions some services. NHS England has worked with Clinical Commissioning Groups to ensure their commissioned providers take all reasonable steps to reduce serious incidents. NHS England provides assurance that the local health system, including Clinical Commissioning Groups (CCGs) and designated professionals, are working effectively to safeguard and promote the welfare of children and adults at risk (Safeguarding Vulnerable People Accountability and Assurance Framework, NHS England 2013). This role includes ensuring that CCGs are working with their directly commissioned providers to improve services as a result of learning from safeguarding incidents. These services include acute, community, mental health and ambulance care.

#### NHS England responsibilities in relation to direct commissioned services

NHS England is responsible for driving up the quality of safeguarding in its directly commissioned services and for holding these providers to account for their responses to serious safeguarding incidents, ensuring that safeguarding practice and processes are optimal within these services. In Yorkshire and Humber, this includes all GP practices, dental practices, pharmacies, optometrists, health and justice services and the following public health services:-

- · National immunisation programmes
- National screening programmes
- Public health services for offenders in custody
- Sexual assault referral centres
- Public health services for children aged 0-5 years (including health visiting, family nurse partnerships and much of the healthy child programme)
- Child health information systems

From April 2015 onwards, NHS England will commence a programme of transferring responsibility for GP practices (and eventually all other primary care providers) to CCG's with delegated powers of cocommissioning.

NHS England has worked in partnership with local Safeguarding Boards to ensure that the NHS contribution is fit for purpose and that there is no un-necessary duplication of requests for safeguarding reviews to be undertaken. NHS England also has its own assurance processes in place concerning NHS safeguarding reviews, learning and improvements.

#### Sharing learning from safeguarding reports

In order to continuously improve local health services, NHS England has responsibility for sharing learning from safeguarding serious incidents across Yorkshire and the Humber and more widely, making sure that improvements are made across the local NHS, not just within the services where the incident occurred. The NHS England North Yorkshire and Humber Safeguarding Forum has met on a quarterly basis throughout 2014-15 to facilitate this along with sharing learning.

#### Training programme for general practice

Designated safeguarding professionals are jointly accountable to Clinical Commissioning Groups and NHS England. They have overseen the provision of level 3 training for primary care medical services. Training sessions have been provided on a locality basis rather than to individual practices. The main source of training for other primary care independent contractors has been via e-learning training packages.

#### Assurance of safeguarding practice

NHS England North Yorkshire and the Humber have provided templates for CCGs to feedback on the assurance of safeguarding practice as well as developing safeguarding standards and aspirations for GP practices to benchmark themselves against. These standards will be reviewed and updated annually and incorporate learning from recent serious case reviews within Yorkshire and the Humber.

#### Standard Operating Procedure: Safeguarding Incidents

In order to establish a strong governance framework surrounding safeguarding incidents NHS England Yorkshire and the Humber have developed a Standard Operating Procedure: Safeguarding Incidents. This describes communication processes regarding these incidents and sets out NHS England's role and responsibilities in quality assuring review reports, signing off reports and ensuring improvement actions are implemented. It clarifies the interface between NHS England Yorkshire and the Humber and the North Yorkshire and Humber designated safeguarding professionals who are hosted by CCGs yet have a dotted line of accountability to us and work closely with us to enable us to deliver our statutory duties in relation to safeguarding incidents.



### **North Yorkshire Police**

North Yorkshire Police is committed to protecting vulnerable people and taking positive action against those who commit crimes against them. This is achieved by:

- Investigating possible crimes, either as a single agency but more importantly by conducting joint investigations with our partners
- Gathering the best possible evidence to maximize the prospects for prosecuting offenders
- Achieving, with partners, the best protection and support for the person suffering abuse or neglect
- Enhanced access to counselling, where appropriate, for any victim

North Yorkshire Police have enhanced the MASH Unit – which is now called the Vulnerable Assessment Team. This enhancement has seen the setting up of meetings where those at risk of CSE are discussed in a multi-agency forum to ensure that all information is known by all agencies and a plan put into place, This is not only to protect the victim but also to gather evidence to identify offenders. This ensures that all those who are vulnerable and at serious risk of crime being committed against them, or already victims receive the best possible service and that all areas of Safeguarding are addressed.

This enhancement also ensures that there is a close working liaison with City of York Adult Safeguarding Team.

Staff within the Force Control Room has received enhanced training and awareness. They work to the THRIVE principle, which is - threat, harm, risk, investigation, vulnerability and engagement. This approach ensures that those with vulnerabilities re identified at the earliest opportunity and that the right response is given at the right time according to need, vulnerability and risk.

Training in relation to Safeguarding Adults is built into all of NYP's initial training programs in a variety of ways. All Police constables and all new PCSO and SC complete a Vulnerability Training Package. The aim of this training is for staff to understand their responsibilities and duty of care to vulnerable people and the actions that must be taken to reduce any identified risk.

Vulnerable Risk Assessments Training focuses on identifying t hose individuals that are at most risk in local communities, how to complete a VRA and what referrals need to be made to whom and when.

WRAP – Workshop to Raise Awareness of Prevent has also been rolled out to staff, assisting officers to identify those that maybe at risk of radicalisation because of vulnerability.

Training will be delivered this year to staff to include areas such as EDHR, Modern Slavery and Hate Crime.

It is estimated that incidents involving people with a mental vulnerability account for around 40% of policing time. For example, research suggests that:

- around 80% of people going missing from home are experiencing a mental health crisis
- people with a mental vulnerability are ten times more likely to be a victim of crime than the general population
- 69% of women and 49% of men with severe mental illness reported adulthood domestic violence
- 40% of women with severe mental illness had been the victims of rape or attempted rape
- Suicide is the leading cause of male mortality for those under 50yrs of age

NYP and University of York were successful in a £1.1M bid to the Police Knowledge Fund to undertake research into policing and mental health. The project also includes the development of a training package for frontline staff to improve our effectiveness in identifying, recording, responding to, referring and reviewing incidents involving a mental health component. To enhance capability in this area, NYP and OPCC have contracted with the NHS to employ Registered Mental Nurses (RMNs) to work alongside police in Mental Health Triage schemes in:

- Force Control Room
- Scarborough, Whitby and Ryedale
- Vale of York

NYP has also revisited the domestic abuse problem profile and written a Human Trafficking and Modern Slavery Problem Profile.

A draft Problem Profile on those who are 70+ in years has recently been completed with observations and recommendations. Further analysis is required before being presented to NYP's internal Operational Delivery board for governance and acceptance for action.



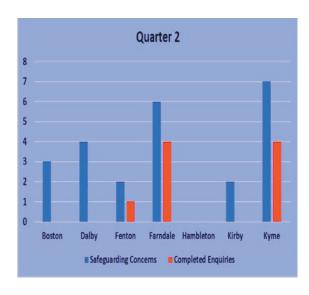
## Stockton Hall Hospital, Partnerships in Care

Information about safeguarding training undertaken internally and externally during the year by relevant staff plus any evidence of impact.

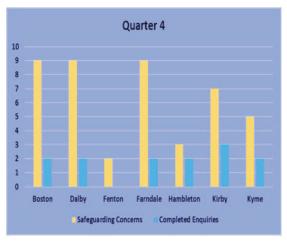
Newly recruited members of staff continue to receive level 1 safeguarding adults' awareness training during the induction course, 100% compliance. There is also a requirement for clinical and non-clinical staff to attend annual statutory/mandatory safeguarding training, 85% compliance. Additionally, Level 3 Safeguarding Investigator training has been provided to senior managers and clinicians by Community Links on behalf of City of York Council.

Workshop to Raise the Awareness of Prevent (WRAP) sessions, under the auspices of the Government's Counter Terrorism Strategy, have been provided to qualified clinical staff in accordance with NHS contractual requirements. During the year 95 members of staff have attended, 93% compliance. Members of staff employed to work in PIC regional units have also attended WRAP training whilst on induction at Stockton Hall Hospital. Feedback has been for the most part positive. The Safeguarding and Security Leads have completed the WRAP Train the Trainer session. WRAP sessions are being integrated into statutory/mandatory training for all members of staff who have contact with adults and children from April 2016.







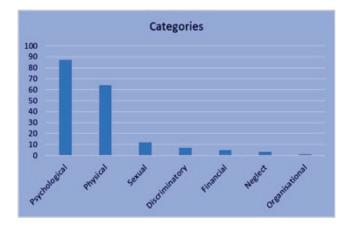


There were 124 safeguarding concerns during the year, of which there were 50 investigations/ enquiries (40%) following being reported to the CoY Safeguarding. This data demonstrated small increases compared with the previous year. Farndale, a 16 bed female ward had the largest number of safeguarding concerns (33) and investigations/enquiries (18), equating to 54.5% of concerns. Kyme, a 16 bed male learning disability ward had 19 safeguarding concerns and 11 Section 42 investigations/ enquiries (58%). It is noted that of the 17 safeguarding concerns on Dalby, a 16 bed male personality disorder ward, 2 (12%) resulted in investigations/enquiries and of the 17 safeguarding concerns on Boston, a 24 bed male mental illness ward, 4 (24%) resulted in investigations/enquiries. There were 10 outstanding investigations/enquires at the end of the year.

Patient Safety Meetings and safeguarding investigations/enquiries have become increasingly service user focused, thereby applying the principles of Making Safeguarding Personal. Of the 40 completed investigations/enquires 28 (70%) concluded that the safeguarding plan had led the adult at risk to feel significantly safer or there was no evidence that they had experienced harm or potential harm. Adults at risk now regularly attend patient safety meetings and documentation, including clinical notes and minutes from meetings, include direct quotes about the nature of the alleged neglect or abuse and the feelings of the individuals involved. However, it is acknowledged that further information is required to accurately reflect the longer term views of adults at risk regarding their involvement in the safeguarding process.

Twelve of the safeguarding concerns regarding members of staff, including a historical allegation from a previous care setting and inappropriate comments by four ex-members of staff on social media involving the disclosure of abusive and confidential information about a current service user and an ex-service user. Of the remaining nine safeguarding investigations/enquiries into alleged staff misconduct two resulted in investigations upholding the complaints and subsequent disciplinary action being undertaken.

An ethnicity audit was completed following the Safeguarding Adults Self-Assessment. Distribution of the patient population by ethnicity in the year 2015/16 indicates that just over 80% reported their ethnicity as British (White) this was followed by Pakistani (Asian or Asian British) at just over 5%, next was the African (African or Black British) at just above 3%. All other ethnic groups were at less than 2% each. Attention was given towards safeguarding concerns for all the ethnic groups. The most significant finding was that the Irish (White) ethnic group had a higher occurrence of safeguarding concerns proportionately in relation to population size. However, it is noted that this data was influenced by 7 safeguarding concerns being reported by one Irish (White) adult at risk.



The most significant change from the previous year has been the relative increase in safeguarding concerns under the category of psychological abuse, which is often a duel category with other forms of abuse. There was also a proportionate reduction in reported physical abuse allegations. It is noted that there have been no safeguarding concerns under the additional categories introduced by the Care Act 2014 which is being addressed through training.

#### Any achievements/developments relating to Safeguarding during the year.

A Safeguarding Practice Group has been established. The group meets monthly and includes the charge nurses as the ward based safeguarding leads and senior managers. The purpose of the group is to discuss practice issues arising from the safeguarding process, including lessons learnt and to discuss information from the SAB. It is an expectation that charge nurses will submit written reports in preparation for the meetings, including a review of actions taken to prevent concerns from arising, methods of addressing safeguarding concerns, reporting arrangements and a summary of open/closed safeguarding investigations/enquiries. It is planned for representatives of the PIC regional units to be invited to attend future meetings.

Liaison between the NHS England Specialist Commissioning Team and the Clinical Commissioning Group was facilitated following the request from the SAB regarding learning disability service users placed at the hospital from other regions of the country in order to be compliant with the Winterbourne Concordat.

A meeting, attended by the senior managers of the hospital, North Yorkshire Police and the City of York Safeguarding Adults Team took place to discuss reporting arrangements. The meeting reviewed the draft amendments to hospital policy to clarify lines of responsibility for the reporting of alleged crimes, ongoing liaison with North Yorkshire Police, communication between the hospital and the police including the establishment of a single point of contact and the coordination of criminal investigations and safeguarding investigations/enquiries. A revised protocol is being developed which the SAB will be requested to authorise.

There has been liaison with Rethink about ensuring that the Independent Mental Health Act Advocates (IMHAs) receive relevant training about the Care Act 2014 in order to represent the needs of adults at risk who lack capacity following safeguarding concerns being raised.



#### **Partnership Commissioning Unit**

Hambleton, Richmondshire and Whitby CCG Harrogate and Rural District CCG Scarborough and Ryedale CCG Vale of York CCG

## The Partnership Commissioning Unit (PCU)

**The Partnership Commissioning Unit (PCU)** is contracted to host the role of Designated Lead Professional for Safeguarding Adults on behalf of the NHS Vale of York Clinical Commissioning Group (CCG) and as such works closely with City of York Council, North Yorkshire Police and other health and independent sector partners to safeguard adults in York. The role and function of the Designated Professional covers the whole health economy across the City. In addition to the Designated Professional within the PCU there is a team of four safeguarding officers. The safeguarding officer function undertakes delegated enquiry work on behalf of the City of York Council where health concerns feature as a predominant factor.

The team of safeguarding officers have had a busy and challenging year. Their role has included attendance at enquiry planning meetings, undertaking investigations and writing reports for outcomes meetings. The safeguarding officers have also responded to requests from health and social care professionals for health and safeguarding advice and provided scrutiny and overview of safeguarding cases. The bulk of the enquiry work completed by the safeguarding officers has been in relation to care homes and as such they have worked closely with the Care Quality Commission and the Local Authority contracting team to undertake assurance visits to independent providers of care. They have maintained ongoing support to providers across the City where standards of care have required improvement, continuing that contact and overview until care standards have returned to an acceptable level.

The majority of safeguarding cases which the PCU safeguarding team have been involved in during 2015/16 have been in the categories of physical abuse and neglect or omission of care. The current database system for recording the work of the team has not easily supported providing data on the numbers of cases that the team has been involved in within York. This is an area that we would like to make improvements to in 2016/17. Also for 2016/17 the team will be further developing and embedding 'making safeguarding personal'. Whilst the principles are already in place – the practice requires further work and alongside our partners this will be an exciting challenge for 2016/17.

In addition to fulfilling their statutory and mandatory safeguarding training requirement in 2015/16 the safeguarding officers have attended specialist training in Safeguarding Concerns & Alerts (1 day); Root Cause Analysis (2 days); Mental Capacity Act and Advanced Decisions (1 day), Prevent WRAP (Workshop Raising Awareness of Prevent) and Fundamental Standards of Care (1/2 day).

The PCU has provided an additional role seconding the Deputy Designated Nurse Safeguarding Adults for NHS Vale of York CCG to undertake work related to the Mental Capacity Act and Deprivation of Liberty Safeguards (MCA/DoLS). This work has comprised developing assurance and embedding of MCA/DoLS in health care practice through: engagement, support, supervision, training and resource development.

The training below has been completed for GPs and primary care staff – jointly facilitated as part of Safeguarding Adults and Children 'Hot Topic' events with the Safeguarding Nurse Lead for primary care and for the Continuing Healthcare Team (CHC) – jointly facilitated with City of York Council DoLS team staff.

Date	Venue	Number attended		
For CHC nurses & team leaders				
22.09.15	Sovereign House	15		
20.10.15	Sovereign House	12		

For GPs & Primary Care					
07.10.15	New Earswick Folkhall, York	21			
10.11.15	Galtres Centre Easingwold	10			
02.12.15	Maple Court York (Out of Hours GPs)	10			

The PCU MCA/DoLS lead and the City of York DoLS Lead jointly facilitated a public engagement event 'No decision about me without me' on National Mental Capacity Act Day 15th March 2016 providing information and advice to members of the public around the principles of the Mental Capacity Act 2005 with particular focus on making advanced decision and Lasting Powers of Attorney.

The Senior Suicide Prevention Officer successfully recruited in 2015 and hosted by the PCU has been part of a team with Public Health and North Yorkshire Police working to complete an audit of all suicide deaths in York covering a five year period. The report will be completed later in 2016 and will add a valuable source of knowledge to inform the prevention and protection work of the York Safeguarding Adults Board.

The Designated Professional, in addition to undertaking the function of assurance work for the CCG and NHS England, has worked with partners in North Yorkshire Police, City of York Council and North Yorkshire County Council to develop and launch the joint protocol for 'Adults at Risk - missing and absent from home or care' which incorporates the Herbert protocol. Use of the protocol enables family members, carers and providers in care settings to share vital information when adults with significant vulnerabilities go missing from either their own home or a care setting so that they may be found, protected and hopefully returned safely within the quickest possible timeframe.

The Designated Professional has been an active member of the City of York Safeguarding Adults Board and has completed the two Learning Lesson Reviews on behalf of the Board.

(Christine Pearson, Acting Designated Professional for Safeguarding Adults)



## Tees Esk and Wear Valleys NHS Foundation Trust

#### **Training**

Level 1 training – raising a concern – is aimed at all staff within the Trust. This training is available to staff to access via e-learning. Face to face sessions will be organised within the York area in due course.

Level 2 training – responding to concerns – is aimed at all clinical staff, Band 5 and above within the Trust. This training is delivered face to face and sessions are arranged to commence April 2016 in the York area. However, staff can also access other venues across the Trust and bespoke sessions. To date there have been 12 staff trained in this time period.

#### **Safeguarding Concerns**

During Q3 & Q4, there were 58 concerns raised with the Safeguarding Adults team (see Fig 1). 29 of these concerns were referred on to the City of York Council. From these 58 concerns, 29 of them were regarding inpatients.

Fig 2. shows a breakdown of the concerns raised by speciality with the majority of concerns being raised within adult mental health and Mental Health for Older People services.

Fig 3. Highlights the categories of abuse that have been raised during Q3 & Q4. The predominant category of abuse raised is physical abuse (25) with 20 of these concerns related to inpatients (which are predominantly patient on patient assaults).



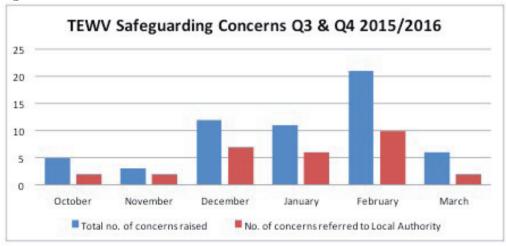


Figure 2

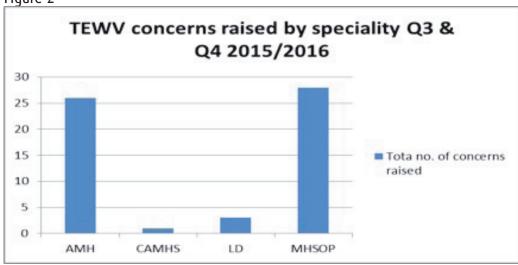
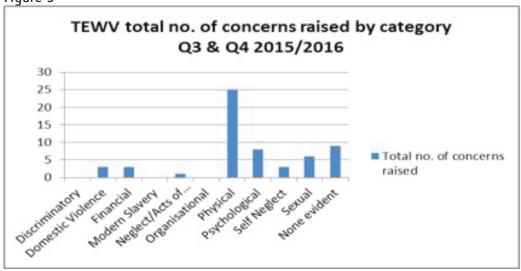


Figure 3



#### Any achievements/developments relating to Safeguarding during the year

Development of a York based TEWV Safeguarding resource including safeguarding adults, safeguarding children and MARAC, to provide advice and support to York staff, facilitate multi agency collaboration and provide staff training.

York staff are now aware how to access TEWV Safeguarding Adults team for advice and support in relation to any safeguarding concerns raised. Verbal feedback from staff is they feel this assists them to feel more confident around raising a safeguarding concern.

Bespoke Level 2 training sessions have been offered to York staff during Q3 & Q4. Training in York, for both Level 1 and Level 2, is planned for 2016/2017.

Safe transfer of patients from Bootham Park in December 2015 following CQC closure notice.

Attendance at York MARACs to facilitate information sharing and risk assessment and management.



**The Retreat** Yearly Safeguarding Report (2015/2016)

#### Safeguarding training

Adult Safeguarding Level 1 (Alerter) Training compliance for the hospital was 94% (279 people out of 296 required to complete). The safeguarding training level 1 is delivered face to face to all new starters (122) and as an eLearning refresher module (157).

Compliance for external training: Adult Safeguarding Level 2 (Responder) was 85%, Level 3 (Investigator) was 100% and Level 4 (Chair) was 50%. Training compliance for hospital varied due to problems with accessing the training at WDU.

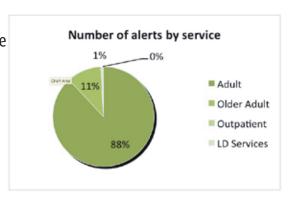
The impact of the new safeguarding training (revised at the beginning of 2014 and again in 2015 following the changes brought by the Care Act 2014) has been positive. The rate of reporting low level incidents has improved; also the levels of understanding and confidence have increased among the frontline staff.

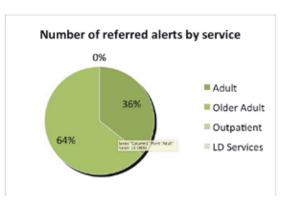


#### Safeguarding alerts and responses

The number of reported safeguarding alerts has been on the rise over the last 4 years: 62 in 2012, 85 in 2013, 159 in 2014 and 236 in 2015. The number of alerts received is much higher than the previous year (increase of 48%) and as mentioned before this can be associated with an improvement in reporting. The number of alerts which were later referred to the City of York Council Safeguarding Team and Care Quality Commission did not change much over the last few years: 39 in 2012, 39 in 2013, 32 in 2014 and 42 in 2015. The number of the referred alerts did not go up with the increase of the alerts.

The new average for the quarter is 59 alerts, in comparison with 55 in the previous year (increase of 7%). The average number of referred alerts per quarter was 10 (8 in previous year), which has been a fairly stable number for the last three years.

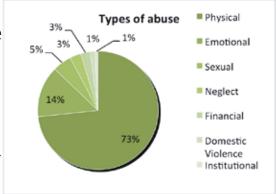




The significant majority of alerts: 208 (88%) were submitted within older adult services in comparison to 26 (11%) reported on adult units and 1 each reported in Outpatient and Learning Disability (LD) services (0.5% each). However when it comes to the referred alerts the figures present a different picture: 64% of cases were from older adult, 36% were from adult services (none from Outpatient and LD services). Further analysis shows that only 12% of all alerts submitted within older adults are referred, while in adult services this figure is significantly higher (58%).

The cases of physical abuse account for the majority of all of the alerts: 173; emotional abuse was reported in 33 cases, sexual in 12, neglect in 7, financial in 6, domestic violence in 3 and institutional in 2 cases.

The cases of 3 major types of abuse recorded an increase: physical abuse have increased by 50%, emotional abuse by over 80% and sexual abuse by 30% in comparison to the previous year. The neglect cases have fallen by 20%.



Person alleged to cause harm (PATCH) was in 185 cases a current patient of The Retreat, in 28 cases allegations were made against staff, and in 23 cases the PATCH was identified as external which includes family members, friends, ex-patients, agency staff and other agencies.

In 158 cases the allegations were proved, in 67 cases they were disproved and in 11 cases the social workers were not able to determine the outcome.

#### Achievements in relation to safeguarding

The Retreat have made significant improvements both in 'Making Safeguarding Personal' and the overall involvement of people who use our services, or where they lack capacity to involve their families. Each time a safeguarding concern is raised the view / outcome a person wants from the safeguarding process is sought by the safeguarding link worker. The Retreat now monitors if the outcome identified has been met.

The Retreat has reviewed its safeguarding enquiry process to good effect and now ensures that people who use our service are involved throughout; also by involving different clinical disciplines safeguarding is now everybody's business and as such safeguarding enquiries are now carried out by members across a multi-disciplinary team.

The Retreat has allocated a full time post to manage the safeguarding process; this has ensured consistency for the people who use our service and the development of multi-agency process and policy. The Retreat's social work department has further improved its own system of monitoring data, which has helped to analyse the safeguarding within the organisation and determine current trends.

The Retreat continues to hold a strong relationship with the local authority safeguarding team and is working currently to complement our reviewed processes in line with the Care Act 2014. The Retreat continues to co-chair the safeguarding implementation group to share and develop good practice.





## NHS Vale of York Clinical Commissioning Group (CCG)

NHS Vale of York Clinical Commissioning Group (CCG) is responsible for commissioning hospital and community healthcare services for the Vale of York which includes the City of York population and has a range of statutory duties which includes Safeguarding Adults. The Chief Nurse is the Executive Lead for Safeguarding in the CCG and as such works closely with the Partnership Commissioning Unit (PCU) Safeguarding team, NHS England, the City of York Council, North Yorkshire Police and other partners on the City of York Safeguarding Adults Board.

To strengthen the commitment to safeguarding the CCG also employs a Deputy Designated Nurse for Safeguarding Adults with a particular focus on supporting quality in the independent care home sector. As part of this commitment the CCG has continued to develop a care home meeting forum 'Partners in Care' where care home managers can connect with CCG staff and get involved in training events and project work with a focus on innovation and improvement of patient care.

During 2015/16 the deputy designated nurse has worked together with the PCU on a number of safeguarding enquires and investigations, in addition to spending time with the City of York Council contracts team shadowing assurance visits to care home providers. As part of a secondment role the deputy designated nurse has worked with the Partnership Commissioning Unit as Lead for Mental Capacity Act and Deprivation of Liberty Safeguards – more about this role is in the Partnership Commissioning Unit section of the report.

The CCG has developed a soft intelligence tool to capture information from General Practitioners, Primary Care staff and Care Home Managers in relation to concerns that they have with the care and treatment of vulnerable people. The CCG meets with colleagues in City of York Safeguarding team and the Care Quality Commission to share 'early warning' signs which may indicate that services are struggling to maintain safe services. This has been developing work in 2015/16 and the challenge for 2016/17 along with partners will be to structure the support that is offered to struggling services at a point before it impacts on the care of those most vulnerable.

In 2015/16 the CCG secured the roles of Nurse Consultant and Named Doctor for Safeguarding in Primary Care Services. Each GP practice in York also identified a lead for safeguarding in their primary care team. This structure has enabled a clear pathway for information sharing, specialist advice and support and improved visibility of the primary care commitment to safeguarding. A number of safeguarding 'hot topics' training events have been completed in venues across York to support GPs and primary care staff in their safeguarding roles. The training events have been successful and following feedback gathered from attendees the programme of training for 2016/17 has been developed. The Nurse Consultant has also standardised the safeguarding adults' policy and procedure for primary care – with the completion of a generic policy which practice managers can adapt for their particular surgeries.

NHS Vale of York Clinical Commissioning Group (CCG) announced Tees, Esk and Wear Valleys NHS Foundation Trust (TEWV) as the provider of mental health and learning disability services in the Vale of York for the next five years, commencing on 1 October 2015. The contract was developed with partners after a series of in-depth discussions with local service users, members of the community and clinicians through DISCOVER. This was an extensive engagement programme to listen to and collate the views of people from across the Vale of York to help develop high quality mental health and learning disability services. The CQC did not re-register Bootham Park Hospital as it did not meet the standards and this occurred at very short notice. This was an unforeseen consequence which had the potential to compromise the care of people with a high level of vulnerabilities. The CCG worked jointly with NHS England and other key partners to learn lessons from the closure and is continuing to work closely with partners in TEWV to provide in-patient acute services back in York by summer 2016 and a new permanent base for mental health services in York with facilities that are fit for the 21st century.

The financial picture for 2016/17 is a challenging one across the health economy in York and the CCG is working in conjunction with its partners to transform services and create sustainability of safe services for the population. The CCG will continue to uphold the six principles of safeguarding adults in all its work and will continue to meet its statutory obligations as a partner of the City of York Safeguarding Adults Board.



## York CVS

The ILS (Independent Living Service) team have undertaken safeguarding training in relation to the adults they support. We have begun to review our safeguarding policy so we can use this to provide staff training in 2016/17.

We continued to provide forums (8 in total) across the year so organisations who support older adults, and adults with learning disabilities, can come together and share concerns and good practice. Safeguarding was a standing item on the agenda for these forums.

Information (ie graphs, numbers) about any Safeguarding Concerns and Completed Enquiries during the year including analysis by location and type

We logged two safeguarding incidents with City of York Council during the year. Any achievements/developments relating to Safeguarding during the year

We have attended the Safeguarding Adults and Children's Board Development Days and attended both the Safeguarding Adults and Children's Boards.



#### **York House**

#### **Training**

All new staff must complete the in-house Safeguarding training within their initial induction week before they start working with Service Users and they complete two shadow sessions. After this induction period the aim is for all staff to attend training yearly to ensure they are kept up to date with any changes and refresh their knowledge. The table below shows the percentage of staff who have completed Safeguarding training between 31st March 2015 and 1st April 1016:

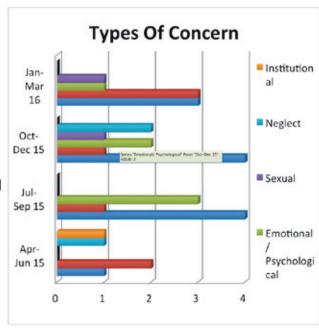
	Contract	Bank	Total
% Completed Training	72	68	71

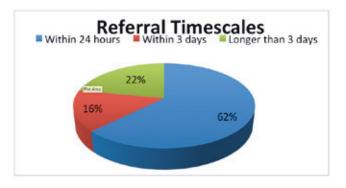
York House aims to realistically have 95-100% of staff completing yearly training in safeguarding. The current low percentage is down to down to a higher staff turnover this year and staffing numbers falling below our ideal staffing establishment levels and so facilitating training has been more difficult. All staff have completed the initial training, however the numbers reflect the completion of the yearly mandatory refresher. We have reintroduced e-learning safeguarding training, however the preference will always be for staff to complete face-to-face training delivered by our Legislation and Safeguarding Manager.

100% of the safeguarding sub-committee have

completed level 2 external training and we are in the process of sourcing levels 3 and 4 from Work Development Unit.

The training package has been updated to incorporate the new legislation brought in by the Care Act in April 2015.





#### **Types of Abuse**

There were 31 concerns raised in total between April 2015 and April 2016. The graph shows the types of concerns raised in each quarter. The majority of the cases were physical abuse accounting for 12 incidents all of which were service user on service user incidents. Financial abuse accounted for 7 of the cases, emotional/psychological in 6 of the cases and sexual, neglect and institutional jointly making up the other 6.

#### **Timescales**

62% of concerns raised in the last 12 months have been referred to the safeguarding subcommittee within York House and then to City of York Council id necessary within 24 hours of the concern being raised.

#### Referrals

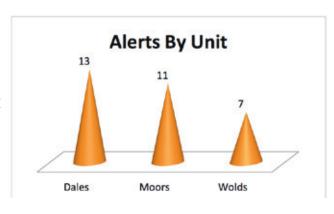
71% of all concerns were not formally referred on to the City of York Council Safeguarding and were managed in-house following discussion with the safeguarding subcommittee and/or members of the MDT were it is assessed that the risk and management is sufficiently in place. Those that were dealt with in-house were all closed based on the effective management of risks and protection plans and/or support measures being implemented.



Some of those handled in-house were discussed with City of York Council but it was agreed with them that it was more appropriate that they were dealt with in-house. 29% of concerns were referred to CYC Safeguarding; there are still two that remain open (both from December 2015 and in relation to York District Hospital). These have been regularly followed up in the aim to bring them to a close, however due to the investigating hospital not completing the investigation we are unable to.

#### Alerts by Unit

As you can see from the graph shown the majority of alerts are from the Dales unit followed by the Moors. The Dales is the main assessment unit (males only), however any females whether or not under assessment reside on the Moors as the only mixed gender ward. Due to the Dales being the main assessment unit the behaviours are often more challenging and unpredictable with care plans and management of challenging behaviors still being formulated. This can



lead to difficult dynamics between service users. The Moors is a slightly slower stream assessment unit where as expected behaviours are often more stable, however there has been an increase in the number of female admissions to the Moors and so there may be an increase in the number of incidents due to the challenging behaviours displayed, however we do not believe there to be a safeguarding concern at this time. The Wolds unit is focused on long term care needs with a focus on quality of life as opposed to rehabilitation. However the mix of Service Users are complex, variable and long standing challenging behaviours can still contribute to safeguarding issues raised.

#### Summary

Due to various staff members leaving York House, the safeguarding sub-committee has been reestablished in the past 6 months. It now includes a cross section of clinicians, led by the legislation and safeguarding lead. Training plans are in place to increase education and awareness of new staff nurses to York House, in addition to the induction training. One of the main challenges faced in "making safeguarding personal" continues to be in relation to communication, memory and cognitive processing difficulties experienced by those service users with Acquired Brain Injuries. However the involvement of speech and language therapist to aid communication and advocacy and family where capacity is lacking is heavily incorporated into the safeguarding process when establishing outcomes. Links with a new police liaison officer have aided communication and working with North Yorkshire Police as concerted efforts have been made to understand the challenges faced in the environment of York House, but more importantly for those living with Acquired Brain Injuries.

As a hospital we continue to struggle without an integrated computer system to log, maintain and monitor safeguarding risks and outcomes, rather relying on manual interpretation and collation of data.

York House continues to attend the Safeguarding Implementation Group to share and develop good practice with other independent Hospitals in the local area and receives feedback from the Safeguarding Adults Board both via email and through this group.



## City of York Council Housing department

#### **Training**

Housing staff are expected to complete online safeguarding training for adults and children's services. The department has also purchased online training from the Housing Quality Network (HQN) and this includes safeguarding training. Safeguarding is included in new starters induction training.

Any achievements/developments relating to Safeguarding during the year

Employing mental health workers at hostels, Annual severe weather and NSNO, Provision of shower facilities at Peasholme for rough sleeper drop in, the older persons housing options worker and the research that we have done into housing hazards and the opportunity to target interventions to reduce falls and excess cold, Creation of respite beds in sheltered schemes, the housing first scheme for difficult to place adults.

## Annex 2

## Members of City of York Safeguarding Adults Board, March 2016

	Name	Title	Organisation	Address
1	Karen Agar	Associate Director of Nursing (Safeguarding)	Tees, Esk & Wear Valley (TEWV) NHS Foundation Trust	Flatts Lane Centre, Flatts Lane, Normanby, Middlesbrough, TS6 OSZ
2	Sarah Armstrong	Chief Executive	York CVS	Priory Street Centre, 15, Priory Street, York YO1 6ET
3	Sian Balsom	Healthwatch Manager	Healthwatch York	Priory Street Centre, 15, Priory Street, York YO1 6ET
4	Tom Brittain	Head of Housing	CYC	West Offices, Station Rise, YO1 6GA
5	Michelle Carrington	Chief Nurse	NHS Vale of York CCG	West Offices, Station Rise, York YO1 6GA
6	Martin Farran	Director Adult Social Care	СҮС	West Offices, Station Rise, York YO1 6GA
7	Beverley Geary	Chief Nurse	York Teaching Hospital NHS Foundation Trust	Wigginton Road, York YO31 8HE
8	David Heywood	Safeguarding Lead	Stockton Hall	The Village, Stockton-on-the- Forest, York YO32 9UN
9	Caroline Johnson	Director of Operations	The Retreat	Heslington Road, York, YO10 5BN
10	Tim Madgwick	Deputy Chief Constable	North Yorkshire Police	Newby Wiske Hall, Newby Wiske, Northallerton DL7 9HA
11	Kevin McAleese CBE	Independent Chair,	York Safeguarding Adults Board	c/o West Offices, Station Rise, York YO1 6GA
12	Michael Melvin	Assistant Director	СҮС	West Offices, Station Rise, York YO1 6GA
13	Christine Pearson	Deputy Designated Nurse, Safeguarding Adults	NHS Vale of York CCG	West Offices, Station Rise, York YO1 6GA
14	Victoria Pilkington	Head of Partnership Commissioning	Partnership Commissioning Unit (PCU)	Sovereign House, Kettlestring Lane, Clifton Moor, York YO30 4GQ
15	Cllr Carol Runciman	Cabinet Lead	City of York Council (CYC)	West Offices, Station Rise, York YO1 6GA
16	Amanda Robson	Senior Nurse	NHS England, NY and Humber Area Team	Unit 3, Alpha Court, Monks Cross, York, YO32 9WN
17	Steve Wilcox	Designated Professional for Adult Safeguarding	Partnership Commissioning Unit (PCU)	Sovereign House, Kettlestring Lane, Clifton Moor, York YO30 4GQ
18	Keren Wilson	Chief Executive	Independent Care Group	10 North Park Road, Harrogate, HG1 5PG

## Annex 3

## City of York Safeguarding Adults Board Membership & Attendance 2015/16

(Key: Y = present or substituted; A = Apologies sent; NA = Not yet a member/replaced as a member)

Organisation Designation		June 2015	Sep 2015	Dec 2015	March 2016	Nominated representative or substitute
	Independent Chair	Υ	Υ	Υ	Υ	100%
City of York Council	Director of Adult Social Care	Υ	N	Υ	Υ	75%
	Assistant Director, Adult Assessment and Safeguarding	Υ	Υ	Y	Y	100%
	Safeguarding Service Manager	NA	NA	Υ	Υ	100%
	Executive Member for Health and Adult Social Care	Υ	Υ	N	Υ	75%
	Head of Housing	NA	NA	NA	Υ	100%
Healthwatch York	Manager	Υ	Υ	Υ	Υ	100%
Independent Care Group	Chief Executive	Υ	N	Υ	Υ	75%
1.4.15-30.9.15, Leeds & York Partnerships NHS FT Head of Safeguarding		Υ	N	NA	NA	50%
NHS England,	Assistant Director		N	Υ	Υ	75%
North Yorkshire Police	orth Yorkshire Police Deputy Chief Constable		Υ	Υ	Υ	100%
Partnership Commissioning Unit	Director of Partnership Commissioning	Υ	Υ	Υ	Υ	100%
(PCU)	Designated Professional for Adult Safeguarding	Υ	Υ	Υ	N	75%
The Retreat	Director of Operations	Υ	Υ	Υ	Υ	100%
Stockton Hall	Social Work Manager	Υ	Υ	Υ	Υ	100%
1.10.15-30.3.16, Tees, Esk & Wear Valley NHS FT	Esk & Wear Valley NHS (Safeguarding)		NA	Υ	Y	100%
Vale of York CCG	Chief Nurse	Υ	Υ	Υ	Υ	100%
	Designated Nurse, Safeguarding	Υ	N	Υ	Υ	75%
York CVS	Representative	Υ	N	N	Υ	50%
York Teaching Hospital NHS Foundation Trust	York Teaching Hospital NHS Foundation Trust  Chief Nurse		Υ	Υ	N	75%
Overall Board attendance		100%	65%	88%	90%	

#### Independent Chair's comments on Board attendance:

We have worked hard once again to ensure that all partner organisations on the Safeguarding Adults Board are represented by a post holder of sufficient seniority and expertise and that ideally the same person should attend each meeting.

However, there are inevitably operational pressures on individuals as well as annual leaves to be allowed for, given that the SAB only meets four times a year. There are also personal crises in the best managed of diaries, and even unexpected weather problems as in March 2016. In the ideal world the thirteen partners would each have achieved 100% attendance records. During 2015/16 a total of eight of them did just that, an increase of one from 2014/15.

Each SAB meeting ends with a meeting review, which is then published in the SAB minutes which are available on the SAB website. Those reviews confirm a broadly consistent picture that SAB members find meeting together four times a year to be appropriately challenging and rewarding. I am very grateful to the senior representatives of each organisation listed in Annex 1 who have given so much time, interest and commitment to the work of the Board during 2015/16.

# **Annex 4**2014/2017 Strategic Plan and Action Plan Outcomes for 2015/16

	Objective	Action	Timescale for completion	Lead	March 2016 update
Α	Make sure safeguardi	ng is embedded in corporate an	d service str	ategies acr	oss all partners.
A1	Ensure key strategic plans evidence that adult safeguarding is a priority and is being addressed.	Partners to identify key strate- gies and include in annual reports to Boards	March 2015	All	Annual Reports Submitted
A2	Ensure a robust interface with Community Safety Plans	Engage with Domestic Violence strategy Board. Improve information sharing on Domestic Abuse. Engage with Community Safety Board regarding Hate Crime, safe Places etc	March 2015 March 2016	Chair and CYC safeguarding Lead	Both are now members of the Board.  May 2015 saw work coordinated by North Yorkshire Police together the information held by all agencies about domestic violence to improve our strategic response.  North Yorkshire and York SAB and partners held Joint Domestic Abuse Working Conference Oct 2015  Safeguarding Systems Leadership Group in place February 2016
A3	Influence Joint Strategic Needs Analysis and Health and Well Being strategy	Feed messages from this strategy to JSNA refresh. Annual review of performance indicators for key strategic messages on need.	March 2015 March 2016	CYC safeguarding Lead	Refreshed JSNA contains information on referral rates of vulnerable population groups.
A4	Ensure a robust interface with the Health and Wellbeing Board.	Standing item on Safeguarding Board agenda – items from and to HWB	From March 14	Chair	See Chair's reports

	Objective	Action	Timescale for completion	Lead	March 2016 update
A5	Ensure that Adult Safeguarding Board members, and non - Executives, Board Members and Councillors of partner organisations understand their role in safeguarding and have attended basic awareness training.	Members of Partner Boards to monitor through annual assurance reports to Board Each partner agency to consider in their competency framework Introduce Adult Safeguarding Board Development Days – minimum 1 per year Training needs review for Board members Induction training for new Board members .	March 2015 March 2015 March 2015	All Chair	Partners to confirm Safeguarding Training Needs survey developed and put to Board members by CYC WDU Needs Survey sent out to board members and proposal for development submitted to Dec 15 SAB Safeguarding Board Development Day completed, January 2016 (second day on 4 April 2016)
A6	Assurance that all partners present an Annual Safeguarding Report to their relevant governing body.	Partners to advise Board when Annual report received by their Board. Summary of reports in Annual Adult Safeguarding Board report.	Annual Annual	All Chair	Completed Completed

	Objective	Action	Timescale for completion	Lead	March 2016 update
В	Ensure good partnersl	hip working			
B1	Ensure that all partners are signed up to, and working in line with Multi agency procedures and practice.  Procedures' to be reviewed for Care Act readiness.	Annual check for changes and updates.  Full review every 3 years.  Seminar/event for voluntary sector groups.	December 14, 15 16 March 15 March 15	CYC and Voluntary sector	CYC Safeguarding Adults Audit including Care Act Readiness shows substantial assurance. Regional and local policy and procedure for discussion at June 2015 Board. Development day held Nov 2014. Care Act stock take reports good progress on safeguarding adults. Care Act subgroup work completed and stepped down Sept 2015. West Yorkshire, North Yorkshire and York Multi- Agency Procedures adopted. Work ongoing to develop local operational guidance consistently across the North Yorkshire Locality. Dec 2015. Local Guidance drafted and circulated February 2016.
B2	Share learning from practice, Lessons Learned and Serious Case Reviews.	Review of serious case review protocol.  Develop a lessons learned protocol.  Continue with regular agenda item on each Safeguarding Adult Board meeting to share case studies.	March 15 March 15 ongoing	Board sub Group Board sub Group Chair	Protocols at December 2014 Board agreed.  In place. Subgroup in place and to be formalised through proposal to the board Sept 2015 Sub group Structure in place Dec 2015.
B3	Senior level, regular, attendance at Board from all partners.	Attendance reported in Annual Safeguarding Board report.	Annual	All/CYC	In place.

	Objective	Action	Timescale for completion	Lead	March 2016 update
B4	Ensure a shared approach to understanding and managing risk of abuse in safeguarding.	MCA/DolS training – monitor uptake and feedback.	Quarterly reports to Board	СҮС	Reports to SAB on impact of training.
B5	ure best use of resources to meet growing demand and shared priorities.	Development of the multi agency safeguarding hub with police and children's safeguarding Develop virtual network for safeguarding advisors in partner agencies Review of thresholds for referrals	Sept 14 March 15	CYC Police All	Agency DASMs in place, network to be developed. DASM meeting established August 2015, role then abolished nationally.

	<b>Objective</b>	Action	Timescale for completion	Lead	March 2016 update
C	Focus on prevention o	f abuse			
C1	Raise awareness and empower community to keep people safe.	Review of Adult Safeguarding Adults website.  Annual radio or Press interview/article on Adult Safeguarding.  Develop information for the community.  Ensure housing and support providers, drug and alcohol service, A&E can access alerter training.	Annual March 15  Annual review of training attend- ance.	CYC Chair CYC CYC	CYC Website with updated Safeguarding Adults taken from current website to be launched end May 2015.  SAB website launch set for Jan 2016.  Alerter training advertised to all providers through WDU  Dec 2015 SAB Website structure and content developed on track for Jan 2016 launch.
C2	Reduce risk of harm through effective and intelligent commissioning.	Winterbourne concordat assurance.  Sponsor work between health and social care commissioners and contract managers on sharing intelligence on quality of providers, Ensure that Contract monitoring has a focus on safeguarding and dignity and any shortfalls in standards are addressed Commissioning and contracting with regulated providers includes Care Quality Commission (CQC) registration guidance in relation to safeguarding. Ensure commissioners review their training needs regarding safeguarding and quality assurance.	6 Monthly updates June 15 March 15  Annual assurance  Annual assurance	Partnership Commissioning Unit (PCU) and CYC  CYC/PCU/ CCG  CYC/PCU/ CCG/NHS England  CYC/PCU/ CCG/NHS England  CYC/PCU/ CCG/NHS England	Regular Soft intelligence meetings are now established.  Advocacy service commissioned by CYC April 2015 includes advocacy for people with safeguarding needs.
		Ensure commissioners review their training needs regarding safeguarding and	June	1 '	people with safegu

	<b>Objective</b>	Action	Timescale for completion	Lead	March 2016 update
СЗ	Workforce development plans to develop quality provision.	Work with city wide Workforce Strategy Group to ensure training delivered on: Managing challenging behaviour and reducing incidents between residents. Medication management. Reduce risks of pressure sores. Dignity agenda. Review themes and areas of risk emerging from performance data to continue to inform training plans.	June 2015	СҮС	CYC have developed and delivered training in Administration of medication in domiciliary and residential care settings Managing Challenging behaviour.  Pressure Sore Training and Dignity agenda require further work.  Commitment in WDU report to develop MSP approach April 2016-Dec 2016, Updated training planned underpinned by new operational guidance.

	Objective	Action	Timescale for completion	Lead	March 2016 update
D	Respond to people ba	sed on the Personalisation appr	oach, and w	rith a clear	focus on outcomes
D1	Commit to an outcome focus for safeguarding activity.	Engagement in Making Safeguarding Personal Programme.	March 15	CYC	MSP report at March 2015 Board.
D2	Enhance and improve user 'voice' in all the Board does.	Improve links with Healthwatch York and Safeguarding Board.	March 15	Chair and Health- watch York	Healthwatch agreement to public involvement in strategic plan refresh to be compete April 2016.
		Develop proposals for greater user involvement.	March 15	Health- watch York	
D3	Ensure people with personal budgets in health and social care are supported to manage safety and risk at the same time as preserving the right to choice and control.	Consider evidence from the Research underway with York University on Safeguarding and personalisation.	March 15	CYC	Research complete and circulated to care managers Feb 2015.
D4	Empower people to be able to make good choices about quality care and support.	Continue to develop information for public on care and support choices.	March 15	СҮС	Connect to Support information and advice major refresh completed April 2015.







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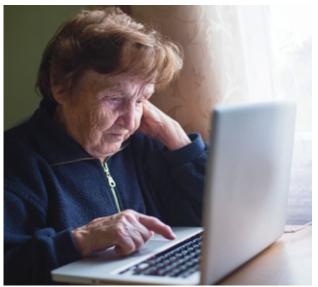
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## Health and Adult Social Care Policy and Scrutiny Committee

**30 January 2017** 

Report of the Director of Public Health

#### **Healthy Child Service**

#### **Summary**

1. The purpose of this report is to provide the Committee with an update on the review of Healthy Child Service (health visiting and school nursing) and inform the Committee on the proposed new service. The proposed service commenced formal staff consultation on 10<sup>th</sup> January for a 45 day period. This is supported through consultation with partner organisations, the Vale of York CCG, education colleagues and York Hospitals Trust. Internal CYC processes and member involvement has been followed throughout with briefings, presentations and discussion. The trade unions have been involved as part of the initial informal discussions and are part of the formal consultation process. Children, young people and their families have been involved in the consultation process as part of the initial TUPE transfer to CYC and their involvement has and will continue through a variety of media.

The new service offer will be launched on 1st June 2017.

#### **Background**

- 2. The Healthy Child Programme (HCP) is a universal public health programme for improving the health and wellbeing of children and young people. It is currently delivered as two separate programmes:
  - HCP from 0 to 5 years is delivered by the health visiting service
  - HCP 5 to 19 years is delivered by the school nursing service
- On 27 August 2015, the Council Executive approved the transfer of health visiting, school nursing and National Child Measurement Programme services from York Teaching Hospital NHS Trust to the Council.

This provides the Council with an opportunity to integrate elements of the HCP to ensure better service provision. Integration will enable the provision of a strong and comprehensive universal offer to children and young people, whilst ensuring value for money and making decisions based on the best available evidence of what works.

- 4. The services transferred as planned on 1 April 2016. They will form an important part of the Early Help offer to children, young people and families across the City and will be embedded in the new Local Area Teams.
- 5. The impact of an effective Healthy Child Service will be seen and measured through improved public health outcomes and indicators including: life expectancy, breast feeding, domestic abuse, smoking prevalence in pregnancy and at age 15, school readiness, excess weight in 4-5 and 10-11 year olds, tooth decay and self-reported wellbeing.
- 6. A national core dataset of indicators to measure performance in 0-5 services is in place and included in the Council's performance reporting framework. There is no dataset of indicators for performance monitoring of 5-19 services as yet but this is being developed to establish a baseline position from which targets can be set for continuous service improvement.

#### **Transition of the Services**

- 7. The priority for 2016/17 was to ensure a safe transfer effectively as a 'lift and shift' to maintain the stability of the services.
- Following transfer the focus was shifted to maintaining current service provision while undertaking a service review and developing proposals for the future model of an integrated, universal 0-19 Healthy Child Service.

#### **Risk Management Implications**

9. The key risks for the Council have been identified as:

Risks	Mitigating Actions
Finance:	The Nurse Consultant in Public
The funding formula for the 0-19	Health came into post 1 <sup>st</sup> August
HCP is not needs based. The	2016. This enabled a service review
budget is based on the historical	to commence. This review has
financial allocation that transferred	enabled a better understanding of all
from the NHS to the Council. York is	professional aspects of the service,
starting from a low baseline position	including caseload management, skill
because of historical under-	mix, risk management and mandatory

investment in prevention by the old PCT.

In addition, the government's decision to cut the Public Health Grant by 6.2% in 2015/16 and a further cut of 2.6% in 2016/17 with further cuts expected inevitably creates an additional budget pressure. The services are currently wholly funded by the PH grant.

requirements etc.

There has also an appraisal of opportunities for improving cost effectiveness and efficiencies e.g. through better integration. This post is responsible for the professional aspects of the HCS and will continue to provide the lead for the service in the proposed model to ensure the service develops in line with good practice guidance and clinical quality indicators.

We commissioned an internal review of all the business support functions and records management to inform the future support requirements of the service and bring operations in line with CYC policies and procedures. It is anticipated that efficiency savings can be made by streamlining back office support functions into the Business Support Services model.

A review of PH commissioning intentions has ensured that the cost of the service can be contained within the wider financial envelope on an annual basis whilst realising the agreed reduction in funding of £250,000

#### Legal:

The staff will transfer to CYC T & Cs with the proposed new model and some redundancies are anticipated.

This will be minimised and the CYC process for redeployment will be used to mitigate further.

Some elements of the HCP are mandated in government

The staff transferred to the Council under TUPE regulations and will retain access to their NHS Pension Scheme.

The change to CYC T & Cs will allow staff to be harmonised. This will involve some pay protection. We have been unable to resolve the legal requirements and clinical

regulations.

There are legal requirements relating to other elements of the service e.g. nurse prescribing, issuing of emergency contraception under a Patient Group Direction.

The Council does not currently have adequate systems in place for clinical governance.

It is unclear whether the Council is required to be registered with the Care Quality Commission as a provider of health visiting and school nursing services.

The Council will need to develop a relationship with the Nursing and Midwifery Council as the Regulator for qualified nurses.

governance issues relating to nurse prescribing and the issuing of emergency contraception under a Patient Group Direction. Staff ceased this activity on the 31 March 2016 prior to transfer. Alternative pathways

have been put in place for emergency contraception with the Sexual Health Community Outreach Team and GP Practices.

We are in conversation with the CQC as registration is still not clarified. In the meantime CQC standards will be used as the benchmark for quality services and as a framework for quality standards within the service.

The Council has registered with the NMC as an employer of registered nurses to enable access to employer's support and guidance. Systems are being established to assure the Council that all staff who require effective registration from 1 April 2016 have this in place. The Director of Public Health who is a NMC registered nurse and health visitor has taken on the additional responsibilities for professional leadership and supervision of the nursing staff and is supported in this role through the Nurse Consultant in Public Health role.

Information Governance:
The service will be required to undertake appropriate training directed by the HSCIC. The health visiting service uses SystmOne – an electronic records management system, and following options appraisal the decision was made to retain this system and enable the

The Council has robust systems in place for information governance and have supported this service to update their knowledge through the required training modules. There is currently 10 remaining staff that has not completed this full training and remedial action is underway to address this by end January 2017.

whole 1-19 service to move towards electronic records by end Q2 2017/18.

Records need to be kept until a child reaches 25<sup>th</sup> birthday which poses a challenge for safe and secure storage.

There are potential safeguarding concerns if child health records are not easily accessible.

All information needs to be managed in accordance with the Data Protection Act.

Workforce:

The workforce will realise significant changes to the service to enable a more responsive early help offer to be delivered to those most vulnerable groups.

There will be renewed attention to the methods of delivery required to achieve the mandated offer.

There have been a number of incidents involving information governance, however action plans are in place to address these. There is a programme of work ongoing to scan the remaining 0-5 records on to SystmOne, this will enable a single record system. The 5-19 records have been prioritised into active and non active caseloads. Non active records are now archived at YorCraft with easy access as required. The remaining active caseload files will be transferred with the service into the LAT bases once the space becomes available for both to be located together. We anticipate this will be in the Spring (2017).

A managed support agreement is in place between YTHT and the Council for the continued use of SystmOne for health visiting service and we are moving to towards the whole service on SystmOne by Spring 2017.

The Council was granted a Pensions Direction Order as part of the TUPE transfer, this enables staff who transferred to retain their entitlement to the NHS Pension Scheme. Staff consultation has been ongoing up to the formal review commencement. This has enabled them to be involved in planning for and development of the new service. Working groups are being established through expressions of interest to develop the delivery framework, clinical quality standards, pathways, SystmOne governance and policy development.

A Memorandum of Understanding is in place with Health Education England to plan the future workforce strategy including future training commissions for health visitor and school nurse student placements and enable the Council to act as a training location.

The mandatory training requirements for health visiting and school nursing workforce have been embedded in the Council's learning and development offer.

#### Safeguarding:

The service transferred with distant safeguarding arrangements through which health visitors received safeguarding training and supervision from Harrogate and District NHS Foundation Trust and school nurses from York Teaching Hospital NHS Foundation Trust. Harrogate Trust served notice to terminate this on this from 30<sup>th</sup> September 2016. This enabled a new model to be developed in house.

Development of the new safeguarding model was undertaken through consultation and included input from the Designated Safeguarding Professional Lead team for North Yorkshire and York.

The new arrangements commenced on an interim basis on 1<sup>st</sup> October 2016 during which we were able to successfully recruit to the new Lead Nurse for safeguarding post. This is a dedicated post for the HCS embedded within the Advice and Referral team (Children's Front Door) and supported through dedicated administration support. The safeguarding arrangements are working well and improved governance around training and supervision will be developed and implemented throughout early 2017. The Lead Nurse is professionally supported through the Nurse Consultant in Public Health and through the statutory provision associated with Children's social care services.

Planned service delivery changes:
All children currently receive hearing and vision screening in the term they turn five. This is undertaken by the Technical Support Staff in school health. The new model will not contain these roles. There is no intention to continue with either screening programme.
The mandated elements of the service will be retained and

strengthened.

The 5-19's will receive a targeted

delivery offer regardless of their

location.

All the universal hearing screening of all children is based on a traditional approach. Since 2009 all newborns have received audiology screening through the NHS newborn screening programme (NHSP) to detect hearing loss through use of electronic testing. This is undertaken as soon as possible after birth, usually in the maternity hospital. Those children who fail the test or are discharged prior to testing are managed through

the community audiology service to ensure 100% coverage. A targeted approach to detecting hearing concerns will be adopted through use of appropriate screening tools and referral pathways through the mandated contact offer at 1 year, 2.5 years and the additional 3.5/4 year review point.

The UK Association of Optometrists recommends all children are seen every 2 years; all children are entitled to an NHS funded sight test every year. The UK National Screening Committee Guidance states screening should be an orthoptic led service, the Royal College of Ophthalmologists endorses this view. It is therefore most appropriate to utilise the NHS funded services locally offered to ensure those identified at risk through screening are seen by the most appropriate service. Screening will be included in the mandated offer at 1 year, 2.5 years and the additional 3.5/4 year contact review.

The service will move to a research based, quality focused offer based on the Healthy Child programme (2009). This will be delivered under an overarching framework underpinned by pathways, policies and processes to enable a unified service offer. The mandated elements will continue to be delivered with the addition of elements to support the early help offer and a progressive universal approach.

The move to an Outreach Worker model of delivery for the 5-19 element of the service will enable all children in the City of York to receive a needs led offer.

This includes those NEET, ALP, missing from education, home educated, 16-19 years olds, Children Looked After. There will also be a strengthened approach through the Local Area Team delivery to address the needs of those hard to reach groups and difficult to engage.

#### Reputational:

The Council has inherited an underperforming service and may be held to account on performance of delivery of mandated 0-5 HCP checks.

There is a lack of performance data on the school nursing service in York and nationally so it is not possible to benchmark. It has not been possible to improve data collection whilst the service is dependant upon paper records. SystmOne development will ensure delivery of the proposed new service is accurately captured and measured. This will be set against the mandated offer and a set of Key Performance Indicators (KPI's) currently in development. These KPI's are being developed to ensure there is synergy with the data collection within the wider LAT model.

Performance data for health visiting shows poorer performance in York when benchmarked against regional and national data. Through staff development session we have been able to raise awareness of the reporting needs and begin to look at ways of improving delivery to meet these mandated reporting requirements. The new proposed model of delivery will establish clear guidance for staff to ensure targets are met.

The government public health regulations do make it clear that Local Authorities will only be expected to take reasonable and practicable steps to delivering mandated 0-5 checks and continuous service improvement over time.

#### Consultation on the new proposed Healthy Child Service

- 10. We have high ambitions to ensure delivery of an effective, integrated 0-19 Healthy Child Service. The service will have the child and family at its centre and a strong public health focus, underpinned by a robust evidence base. All mandated requirements will be met; there will be safe clinical practices and strong information governance. Safeguarding will be at the core of all work. There will be robust monitoring systems that evidence the scale of reach and the impact the service is having on the lives of children and young people.
- 11. The new service will have contact with all children and young people in the City of York at key points through childhood and adolescence. The service will build on the 6 high impact areas for early years and will use innovative methods to engage children and young people, including those in vulnerable and excluded groups, in accessing health advice, in taking control of their health, preparing them for adulthood and supporting them to make healthier choices for themselves.
- 12. The service will deliver strong universal provision through a variety of media, including web based information and signposting to relevant national guidelines. This will ensure early identification of problems and appropriate support is offered. Children will move seamlessly through the 0-19 service ensuring children, young people and their families get the right support, from the right person, in the right way and at the right

time, every time. This will require strong partnerships with NHS agencies, community and voluntary sector, education settings, other Council services etc.

- 13. Key contact points throughout the universal 0-19 Healthy Child Service to offer health review and screening will be:
  - Antenatal review
  - New baby review
  - 6- 8 week assessment
  - 1 year assessment
  - 2 to 2.5 year review
  - 3.5 to 4 year
  - School entry staged contact (at 4-5 years)
  - 5-19 will be through a needs led delivery model in association with schools, LAT colleagues and partner agencies. Designed to meet the needs of those most vulnerable regardless of setting.

All of the above will be supported by evidence based care pathways to ensure quality and consistency of the offer and onward referral as appropriate. Progress will be overseen by the YorOK Board reporting to the Health and Wellbeing Board.

14. The service will be responsible for working closely with specialist Children in Care health provision and undertaking review health assessments in accordance with statutory guidelines and best practice.

#### **Options**

15. The report is intended to be an update following the transfer of the service. Members are asked to note the proposed changes to the service.

#### **Analysis**

16. The service review has enabled a comprehensive analysis of the current service delivery, and has highlighted the need for a substantial change to the current delivery model and service configuration. To enable a progressive universal offer focussing on a targeted early help offer the service requires modernisation. The new delivery model will be led by a Specialist Public Health Nurse (SCPHN) service with health visitor qualification. This renewed public health focused offer will be supported through a skill mix to be delivered in a seamless 0-19 offer.

#### **Council Plan**

- 17. The Healthy Child Service specifically relates to the priorities within the Council Plan:
  - A Prosperous City for All the new 0-19 Healthy Child Service will be aimed at ensuring that every child and young person in York has the best start in life and is supported to achieve their full potential
  - A Focus on Frontline Services by ensuring that all York's younger residents live and thrive in a city which allows them to contribute fully to their communities and neighbourhoods and where every child has the opportunity to get the best start in life and are encouraged to live healthily.
  - A More Responsive and Flexible Council that puts Residents
     First and Meets its Statutory Obligations by ensuring that the
     new service delivers the mandated elements of the Healthy Child
     Programme and contributes to the Council's statutory duties for
     improving health and reducing health inequalities in our residents.

#### **Implications**

18. There are no direct implications arising from this report.

#### Recommendation

As the report is for information only there are no specific recommendations.

#### Reason:

To provide an update on development and proposed changes in the Healthy Child Service.

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Author: **Chief Officers Responsible for the report:** 

**Sharon Stoltz** 

Director of Public Health Tel No. 01904 553224

**Sharon Stoltz** 

Director of Public Health

Jon Stonehouse

Director of Children's Services, Education

and Skills

Report

Approved

**Date** 20/01/17

Specialist Implications Officer(s) None

Wards Affected: AII

For further information please contact the author of the report

#### **Background Papers**

https://www.gov.uk/government/publications/healthy-child-programmepregnancy-and-the-first-5-years-of-life

http://webarchive.nationalarchives.gov.uk/+/www.dh.gov.uk/en/publication sandstatistics/publications/publicationspolicyandquidance/dh 107566

#### **Abbreviations**

ALP – Alternative Learning Provision

CCG - Clinical Commissioning Group

CQC - Care Quality Commission

CYC - City of York Council

GP - General Practitioner

HSCIC- Health and Social Care Information Centre

HCP – Healthy Child Programme

HCS - Healthy Child Service

KPI – Key Performance Indicator

LAT - Local Area Team

NEET - Not in Education, Employment or Training

NMC – Nursing and Midwifery Council

NSP- Newborn Screening Programme

PCT – Primary Care Trust

PH - Public Health

SCPHN - Specialist Public Health Nurse

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T&C – Terms and Conditions TUPE- Transfer of Undertakings (Protection of Employment)





## Health & Adult Social Care Policy & Scrutiny Committee

30 January 2017

Report of the Assistant Director – Legal & Governance

#### Vale of York Clinical Commissioning Group - Cover Report

#### **Summary**

 This report introduces a range of Vale of York Clinical Commissioning Group (CCG) issues requested by the Health & Adult Social Care Policy & Scrutiny Committee, namely the CCG 2017/19 Operational Plan (Annex 2); Delayed Transfers of Care (DTOC); Continuing Health Care (CHC) and the Partnership Commissioning Unit (PCU) (Annex 1).

#### **Background**

- 2. At a meeting of the Health & Adult Social Care Policy & Scrutiny Committee in November the Vale of York CCG Accountable Officer gave an update report and Power Point presentation in the CCG Improvement Plan.
- 3. The Vale of York CCG is under Legal Directions issues by the NHS Commissioning Board (NHS England) and has a forecast deficit of £24.1 million. The Accountable Officer told the Committee that an agreed financial plan would be available in January 2017 and agreed to provide further information at the Committee's January 2017 meeting.
- 4. The CCG was also requested to provide detailed information on delayed Transfer of Care and what steps are being taken to improve the position, delays in Continuing Health Care assessments being carried out and the Partnership Commissioning Unit.

#### Consultation

5. The information contained in Annex 1 and Annex 2 of this report has been provided by the Vale of York Clinical Commissioning Group.

#### **Options**

Having considered the information in this report and its annexes
 Members can agree to seek further information on any of the above
 issues, or not.

#### **Analysis**

7. There is no analysis provided in this report.

#### **Council Plan**

8. The issues raised in this report and its annexes are directly linked to the Focus on Frontline Services element of the Council's Plan 2015-19.

#### **Risks and Implications**

9. There are no risks or implications arising from the recommendations in this report. However, the Vale of York CCG has a forecast deficit of £24.1 million and there are risks for our community and health outcomes for people in the Vale of York if this situation does not improve.

#### Recommendation

10. The Committee is asked to note the information provided in this report and its annexes and agree what, if any, further information it would like to receive at any future meetings.

Reason: To continue to inform the Committee of the Vale of York CCG Improvement Plan and related issues.

#### **Contact Details**

Author:	<b>Chief Officer Responsible for the report:</b>
Steve Entwistle	Andrew Docherty
Scrutiny Officer	Assistant Director – Legal & Governance
Tel: 01904 554279	Tel: 01904 551004
steven.entwistle@york.gov.uk	
	Report Approved  Date 20/01/2017
Wards Affected:	All 🗸

For further information please contact the author of the report

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#### **Annexes**

Annex 1 – Vale of York CCG update on Delayed Transfers of Care, Continuing Health Care and the Partnership Commissioning Unit

Annex 2 – CCG 2017/19 Operational Plan

#### **Abbreviations**

CCG - Clinical Commissioning Group

CHC - Continuing Health Care

DTOC - Delayed Transfers of Care

PCU - Partnership Commissioning Unit





#### 1. Introduction

This paper covers a range of issues in relation to matters of interest to the Health and Adult Social Care Policy and Scrutiny Committee as set out below:

Vale of York Clinical Commissioning Group (CCG) 2017/19
 Operational Plan (see Annex 2 for detailed overview).

A 3-page overview of the Plan received by the CCG Governing Body at its meeting in January 2017 is provided for information for the Committee.

The plan sets out the key areas of focus for the CCG in the next two years and identifies the organisation's priorities that will support delivery during this period. This work is integral to the Vale of York 'Local Place' Programme that fits within the wider Humber, Coast and Vale Sustainability and Transformation Plan.

- Delayed Transfers of Care (see Section 2 of this paper)
- Continuing Health Care (see Section 3 of this paper)
- Partnership Commissioning Unit (see Section 4 of this paper)

#### 2. Delayed Transfers of Care (DTOCs)

#### **Background**

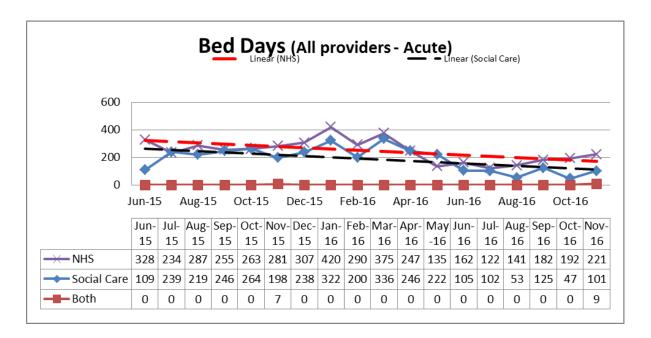
In general terms, the definition of a DTOC relates to the numbers of days that patients remain in an in-patient bed beyond the time when they have been assessed and categorised as medically fit for discharge.

Performance measures relating to this general description are classified as either a 'health/NHS' delay or a 'social care/Local Authority' (LA) delay. The classification of where the delay sits is considered against a number of national defined criteria as set out in Appendix 1.

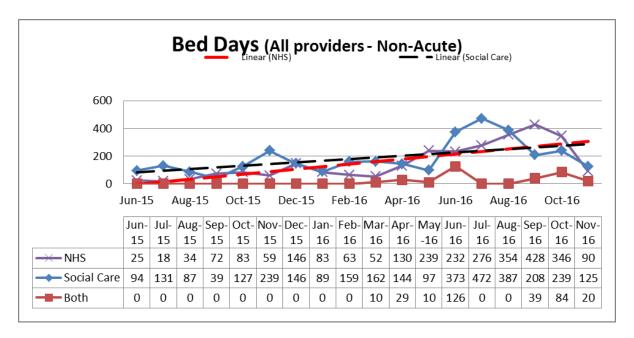
Performance reporting is undertaken via both a health and social care route on a daily basis which means that activity data is constantly changing and linked specifically to individual people. This means that the operational changes that happen within the health and social care settings impact on the performance picture at a CCG level and then need to be aligned to the relevant local authority.

Weekly meetings are held with input from all relevant partners to agree the reported national weekly figure for delays assigned as either health/NHS or social care/Local Authority and work collaboratively to ensure the correct packages of care are put in place to move people on safely.

The tables below show performance for the City of York population from June 2015 through to November 2016. This data is the latest available public data and demonstrates an improving position in acute over the whole period and a similar picture in non-acute DTOCs following a spike in 2016.



\*All providers – acute refer to general hospital bed delays



## \*All providers – non-acute refer to mental health and adult community hospital bed delays

The non-acute (mental health) figures have been adversely impacted by the change in Tees Esk and Wear Valleys (TEWV) reporting with effect from July 2016 when there was a marked increase in the number of DTOCs being reported for the York mental health units. This has also impacted on the overall capacity in the system to provide packages of care and nursing/residential placements and accounts for the subsequent increase in acute delays from September 2016 as both acute and non-acute patients use the same providers.

#### Current issues impacting on performance:

- Care home providers in York have difficulty recruiting both nursing and care staff and this impacts on bed capacity across the City
- There are a high number of self-funders in York and not all care homes accept the current local authority funding rates
- There is a shortage of elderly dementia nursing beds across the City of York
- Continuing Health Care (CHC) brokerage is not as effective as it could be and cannot always find accommodation for CHC patients with complex behaviour and nursing needs because of the market position
- Tees Esk & Wear Valleys NHS Foundation Trust (TEWV) have been more pro-active in reporting DTOCs since July 2016 and this has highlighted a number of delaying patients with long lengths of stay at Cherry Trees and Meadowfields in York. These delays are now being tracked at the weekly meeting and TEWV are working with the Local

- Authorities and CHC teams to find alternative accommodation for these complex patients
- Worsley Court closed on 23 December 2016 and all patients have been relocated

## To address these issues a number of mitigating actions are in place as follows:

- Discharge to Assess Pathway 1 'Home First Supported Discharge' has been rolled out as business as normal and has helped to reduce the number of patients delaying in acute beds at York Hospital
- City of York Council (CYC) commissioned 2 new care providers and this has helped to reduce the delays with home care packages in York
- CYC have increased the number of 'step down' beds in the LA homes and, when appropriate, these beds are used by patients who are medically fit but awaiting home care packages
- The CCG block purchase 4 'step down' beds at Fulford Nursing Home and these are used to prevent hospital admissions
- Following a refurbishment, Peppermill Court re-opened on 10 October 2016 and provides both male and female inpatient mental health beds in York
- Patient Choice York Hospitals NHS Foundation Trust (YHFT) have a number of patients delaying in acute beds whilst they wait for their preferred care home. YHFT is now implementing the 'Joint Transfer of Care Policy' and is formally writing and discussing alternative options with these patients in order to facilitate their discharge
- Community Discharge Liaison Team pro-actively 'pull' patients out of the acute beds and relocate them to community hospitals for rehabilitation
- Discharge Liaison Officers now work on the elderly wards to assist with patient discharges
- YHFT Discharge Lounge is used to accommodate patients waiting to be discharged in order to free up beds earlier in the day
- Age UK provide patient transport from the Discharge Lounge and take patients home and settle them in
- Weekly meetings are held with YHFT and TEWV with input from LAs to monitor progress and follow-up complex cases, which is underpinned by a jointly agreed DTOC action plan

#### **DTOC Summary**

Performance data shows a position which continues to improve with further reduction in numbers of DTOCs in a non-acute setting which is bringing the overall DTOC numbers for the York population down to single figures on a regular basis.

#### 3. Continuing Health Care and Partnership Commissioning Unit

#### <u>Background</u>

'NHS Continuing Healthcare' (CHC) is a package of care (outside hospital) arranged and funded solely by the NHS where the individual has been found to have a 'primary health need' as set out in the National Framework for NHS Continuing Healthcare and NHS-funded Nursing Care. Such care is provided to an individual aged 18 or over, to meet needs that have arisen as a result of disability, accident or illness. CHC can be provided in a range of settings including a care home, hospice or a person's own home.

#### Measures of activity

There are two key measures associated with CHC funding data:

- Number of patients newly eligible during the quarter; this is a unique count of new patients granted eligibility for CHC during the reporting quarter
- Number of patients eligible as at the end of the quarter ("snapshot activity"); this is a unique count of patients eligible for NHS CHC on the last date of the reporting quarter.

#### Current issues affecting performance

There is an overlap of some of the issues highlighted in relation to DTOC and system pressures as summarised below:

- Care home market/provision
- CHC processes and systems (brokerage)
- Patient choice

In addition to these points, current practice means that a significant number of assessments for CHC are carried out within a hospital setting. Legislation and guidance require that, if there may be a need for CHC this must be a consideration as part of hospital discharge planning. The guidance that underpins CHC suggests that local arrangements should facilitate timely transfer from hospital. It also sets out that the assessment should be undertaken at a time and location that can facilitate planning for long term care needs and not in hospital.

There is also an expectation that CCGs will put in place arrangements to ensure that the majority of full assessments for CHC are undertaken in an appropriate setting and are undertaken in a timely manner. This may include some form of interim arrangement or support to recover at home as appropriate such as therapy, rehabilitation, intermediate care or an interim package of support in an individual's own home or in a care home.

From April 2017, information on the location of the full assessment for CHC will be collected on a routine basis as part of the overall collection of information on CHC. The latest national guidance indicates that no more than 15% of patients should have their assessments in hospital.

Another issue which is of concern is the current pressure on CHC reviews and the timescales required in this regard which means that people's needs, and associated funding, may not be adjusted on an annual basis.

#### What is being done to address these system issues?

In addition to the mitigating actions highlighted above in relation to DTOCs, a programme of quality improvement for CHC is underway including workshops with partners, independent external advice and support, and a programme of work to align to best practice including taking part in the new National NHSE CHC Improvement Collaborative.

CHC assessments continue to be prioritised, workforce aligned and daily liaison with partners. In order to deliver the target required for assessments not being taken in hospital the further development of 'discharge to assess' pathways is needed. This is reliant on agreement between CCG and local authority partners to fund patients 'without prejudice' until assessments are undertaken, at the right time in the patients pathway, and decisions for funding agreed. The CCG is progressing these discussions.

There is a perception that there is pressure on the wider health and care system that there are also problems with (1) delay in payments and (2) lots of people waiting for CHC assessments. This perception may be as a result of the complex nature of health and social care responsibilities in

this arena. Reviewing information that is currently captured through routine reporting frameworks does not support these perceptions.

## **CHC Summary**

Issues across the wider health and care system are impacting on the flexibility for commissioners to secure some residential and nursing home packages of care. Further work needs to be done to develop options that ensure people are able to secure a place that appropriately meets their needs. Partners recognise this and will continue to work together to address this challenge.

## 4. Partnership Commissioning Unit (PCU)

The PCU is a service that supports the CCG in delivering its commissioning responsibilities. The PCU was established as a local arrangement across a number of CCGs to augment the more general commissioning support arrangements at the time of transition from Primary Care Trusts (PCTs) to CCGs.

The range of services covered within this arrangement for the CCG includes:

- Mental Health
- Learning Disabilities/Transforming Care Programme
- Continuing Health Care
- Funded Nursing Care
- End of Life
- Personal Health Budgets
- Adult Safeguarding
- Children's and Maternity
- Legal Services
- Estates

There have been recent discussions across CCG partners about this arrangement and whether it remains in line with commissioners' needs. This consideration has led to a consideration of a range of options in terms of how the resource within the PCU is organised.

An 'in principle' set of agreements about how the various service lines can be realigned more directly to CCGs has been reached. The associated changes are being developed into a consultation report which will then be taken forward in discussion with the current staffing resource. It is anticipated that changes to the current arrangements will happen as soon as is practicable but there may be a phased approach, dependent on the consultation exercise.

The issue of delays in undertaking CHC reviews is recognised as an issue for both health and social care. Capacity is currently focused on undertaking assessments and this will need to be considered further once the detailed changes in the PCU are considered within the consultation exercise.

## **PCU Summary**

Commissioning arrangements relating to the service lines have been considered within the current PCU arrangements. A staff consultation exercise is currently underway to support a revision to arrangements for some service lines. A phased approach to any change is likely to be adopted.

#### The Committee are asked to:

Note the issues and corresponding actions set out in this paper.

## **ANNEX 1**

# Appendix 1

# List of DTOC criteria for delay categorisation

Criteria	Code
Awaiting completion of assessment	Α
Waiting public funding	В
Awaiting further non- acute NHS care	С
Awaiting residential home placement or availability	D1
Awaiting nursing home placement or availability	D2
Awaiting domiciliary package	Е
Awaiting Community equipment	F
Patient/family choice	G
Disputes	Н



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0	Vision	To create fully integrated care for all our communities and support the b	pest possible health outcomes for all people
perational	Goals	<ul> <li>Safe, resilient services working across 7 days that can deliver:</li> <li>All NHS Constitution standards</li> <li>A sustainable acute hospital delivery system</li> <li>Out of hospital services joined up in a way so people only need to go</li> <li>A financially sustainable system which provides VFM for every Vale</li> <li>Access to good services for people with mental and physical health in</li> </ul>	of York £ spent on health and care
Plan 2017-19	Population Outcome and Prevention Priorities	Reducing LTCs prevalence – Smoking cessation, Obesity, alcohol, Frail elderly and vulnerable people including falls reduction Addressing isolation and quality of life – individual and rural Child health & Early Years – CAMHS, obesity (in utero maternity), SEN & LAC assessment Mental health access and early intervention – IAPT, dementia, smoking cessation, physical health & complex specialised services Holistic care for people with learning disabilities: physical health checks Cancer detection and diagnosis improvement	Outcomes Improved patient outcomes:  • Morbidity reduction  • Mortality reduction  • Improved quality of life for patients Acute activity maintained at sustainable levels:  • Reduce avoidable A&E attendances  • Reduce avoidable emergency admissions  • Reduce LOS and excess bed-days  • Reduce outpatient attendances
oast and Va	Sustainability Priorities	<ol> <li>Legal Directions - improvement plan and return to financial sustainability</li> <li>Reducing demand on acute hospital care</li> <li>Resilient urgent and emergency care networks working across in- and out of hospital care</li> <li>Transformed primary and community care provision – fully integrated out of hospital care at or close to home</li> <li>Transformed workforce across health and social care – Bands 1-4 and practitioner roles across health and care</li> <li>Addressing unsustainable specialised commissioned services across the HCV and wider Y&amp;H footprint (NHSE)</li> <li>Fit for purpose estates and improved utilisation</li> </ol>	
		Local	STP wide
STP Vale of York	STP Plans aligned with our 3 Health & Well Being Plans	<ol> <li>Strengthened primary care – capacity and resilience, estates improvement, workforce, integration, specialisation</li> <li>Self care, Empowerment &amp; Prevention – education, information, navigation, decision-aids and clinical advice</li> <li>Integrated out of hospital care and Accountable Care System (ACS) with all partners to support place-based services which target the most frail, complex and vulnerable</li> <li>Transformed mental health and learning disability (LD) services including complex healthcare (CHC) and CAMHS improvements</li> </ol>	3 priority collaborative programmes:  1. Strategic commissioning 2. Mental health and joint commissioning 3. In-hospital care and single acute contract  Through existing networks: 1. Urgent care and networks 2. Cancer Alliances and diagnostics 3. Maternity strategy and clinical network 4. Specialised commissioning – neuro rehab/

Weight Mgt

5. Sustainable acute hospital – outpatients and pathway redesign

(RightCare; cancer); shared diagnostics, back office and estates

# FINANCIAL RECOVERY AND FINANCIAL SUSTAINABILITY

	IMI
PRIORITY 1	Fir

**MPACT on Three Outcomes Gaps:** 

**Strengthening Primary Care** 

inance: best value for Vale of York £ spent

Single acute contract & strategic commissioning Consistent demand management and reduction in unnecessary

activity in acute hospital

Reduction in variation in reference costs

Reduction in waste and duplication: diagnostics, medicines

for care

Right sized for elective care capacity and optimised utilisation of

local estates

conditions and learning disabilities

**Reducing Demand on the System** Shared informatics, reporting and back office resources

**PRIORITY 3** 

**PRIORITY 2** 

Fully Integrated Out of Hospital (OOH) Care

Health & Well-Being: Population needs are me Whole population and targeted cohorts (most vulnerable)

outcomes improvement: mortality, morbidity and quality of li Patients taking responsibility for their own health and budgets

**PRIORITY 4** Sustainable acute hospital and single acute

contract

People having the best possible start in life with prevention, early detection rates and survivorship improvement

Improvement in physical health of people with mental health

**PRIORITY 5** 

**Transformed mental health, LD and Complex** 

Care & Quality: Patient experience and rights are met

**Consistent delivery of NHS Constitutional targets** 

Improved access, resilience and 7 day working Standardisation of clinical practice to 'best in class'

**Evidence-based clinical thresholds** 

Fit for purpose estate for delivering care (mental health, pintedrated primary and community care) Sufficient and right workforce to deliver the care required

Care services **PRIORITY 6** 

System transformations

# Our Emerging Joint 'Local Place' Programmes: 2017-2019

### Vale of York Clinical Commissioning Group

#### **PRIORITY 1 Primary Care:** Strengthening Driving

- prevention and self-care
- **Driving demand** management
- **Prescribing** optimisation

Supported by:

GPFV -

developing

support for

practices:

capability

RSS

budgets

capacity, access &

**Development of** 

localities in ACS

**Devolvement of** 

**Development of** 

Shared care record & LDR

reporting and

monitoring

# **Unplanned Care (Out** of Hospital):

- ✓ Proactive management of:
- Frail elderly
- LTCs/ complex - vulnerable
- children

## Supported by:

care

- **ACS & locality structure**
- **Risk stratification Urgent care stabilisation**
- New models of integrated
- **Community hubs**
- **Review of community beds** & care homes
- **Personal Health Budgets**
- **Estates investment**

# **Planned Care:**

- **Right Care: Gastro**; MSK
- (ortho); **Circulatory Outpatients** redesign
- **RTT Recovery**
- Clinical
- thresholds
- **Networked** services:
- Cancer redesign

Shared

- Diagnostics, pathology **Maternity &**
- neonatal
- **Specialised** commissioned services

# LD, Complex Care & CHC:

Mental Health,

- Access, early intervention & crisis avoidance: CAMHS, IAPT, dementia
- Physical health

diagnosis

- prevention: smoking, alcol ge obesity
- ✓ CHC redesign

# Supported by:

**CHC** review joint packages of care

Targeted

- Personal Health
- **Budgets**
- MH consultation
- **Modernised MH** estate

**PRIORITY 6** 

transformations

**Primary Care** 

**PRIORITY 2** 

the System

**PRIORITY 3** 

**PRIORITY 4** 

Care

Reducing Demand on

**Fully Integrated Out** 

of Hospital (OOH)

Sustainable acute

acute contract

**PRIORITY 5** 

hospital and single

**Transformed mental** 

health, LD, Complex

Care & CHC services

- **System** 
  - ACS & HCVSTP Shared resources -PMO & BI **HCV STP Collaborative programmes**
- **Workforce transformation** Shared back office and estate **Better Care Fund**

frameworks **Communications and targeted** engagement

Governance and accountability

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# Health & Adult Social Care Policy & Scrutiny Committee Work Plan 2016-17

<b>Meeting Date</b>	Work Programme
Wednesday 22 June 2016 @ 5.30pm	<ol> <li>Attendance of Executive Member for Health and Adult Social Care to explain her challenges and priorities for the municipal year</li> <li>Be Independent End of Year Position</li> <li>Verbal update on Bootham Park Hospital Scrutiny Review</li> <li>Work Plan 2016/17</li> </ol>
Tues 19 July @ 4pm	<ol> <li>End of Year Finance &amp; Performance Monitoring Report</li> <li>TEWV report on consultation for proposed new mental health hospital for York.</li> <li>Safeguarding Vulnerable Adults Annual Assurance report</li> <li>Position report on Healthy Child Service Board</li> <li>Pre-decision Report on Re-procurement of Substance Misuse Treatment and Recovery Services</li> <li>Work Plan 2016/17</li> </ol>
Wed 28 Sept @ 5.30pm	<ol> <li>Health &amp; Wellbeing Board six-monthly update report</li> <li>1<sup>st</sup> Quarter Finance &amp; Performance Monitoring Report</li> <li>Report on change of services at Archways Intermediate Care Unit</li> <li>Update report on CCG turnaround and recovery plans</li> <li>Bootham Park Hospital Draft Final Report.</li> <li>Work Plan 2016/17</li> </ol>

	,
Tues 18 Oct @ 5.30pm	<ol> <li>Annual Report of the Chief Executive of York Teaching Hospitals NHS Foundation Trust.</li> <li>Further update on actions against York Hospital Action Plan.</li> <li>Tees, Esk and Wear NHS Foundation Trust – One Year On in York</li> <li>Work Plan 2016/17</li> <li>Circulated Reports</li> <li>Front Street / Beech Grove GP Practice Mergers</li> <li>Re-procurement of community services and wheelchair services.</li> </ol>
Wed 30 Nov @ 5.30pm	<ol> <li>Healthwatch six-monthly Performance Update report</li> <li>2<sup>nd</sup> Quarter Finance &amp; Performance Monitoring Report</li> <li>Briefing Report on Ambulance Cover in York.</li> <li>Update Report on STP</li> <li>Further Update report on CCG turnaround and recovery plans.</li> <li>Work Plan 2016/17</li> </ol>
Tues 20 Dec @ 5.30pm	<ol> <li>Update Report on Elderly Persons' Homes</li> <li>Six-monthly Quality Monitoring Report – Residential, Nursing and Homecare Services.</li> <li>Be Independent six-monthly update report</li> <li>Draft report on new Joint Health &amp; Wellbeing Strategy</li> <li>Healthwatch York six-monthly Performance Update Report (deferred from November)</li> <li>Work Plan</li> </ol>

Mon 30 Jan 2017 @ 5.30pm	<ol> <li>Safeguarding Vulnerable Adults Six-Monthly Assurance Report</li> <li>Update Report on Healthy Child Service</li> <li>Update Report on CCG Improvement Plan and information on:         <ul> <li>Delayed Transfer Of Care</li> <li>Continuing Health Care</li> <li>Partnership Commissioning Unit</li> </ul> </li> <li>Work Plan 2016/17</li> </ol>
Mon 27 Feb 2017	1. 3 <sup>rd</sup> Quarter Finance & Performance Monitoring Report
@ 5.30pm	2. Annual Carers Strategy Update report
	3. TEWV / CCG report on outcome of consultation for new mental health hospital
	Update on implementation of recommendations from Bootham Park Hospital Scrutiny     Review
	5. Work Plan 2016/17
Wed 29 March 2017	Annual report of Health & Wellbeing Board
@ 5.30pm	2. Work Plan 2016/17
Wed 19 April 2017	Six-monthly Quality Monitoring Report – Residential, Nursing and Homecare
@ 5.30pm	Services
	2. Hospital updates on:
	Winter experience
	<ul> <li>Development of community services in light of Archways closure</li> </ul>
	3. Work Plan 2016/17
Wed 31 May 2017	Healthwatch six-monthly Performance Update report.
@ 5.30pm	2. Work Plan 2016/17

Yorkshire Ambulance Service CQC Inspection 13 September. Report within 50 days (early November) .

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